



































Roche Harbor, San Juan Island, WA - Mar 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	2:54	7.4	10:19 AM	6.5	8:28	7.0	6:55	0.4	6:53	5:56	
2	Thu	3:38	7.7	11:31 AM	6.3	9:32	6.7	7:51	0.3	6:51	5:57	
3	Fri	4:13	7.8	12:47	6.2	9:57	6.4	8:38	0.2	6:49	5:59	
4	Sat	4:42	7.8	1:54	6.3	10:09	6.1	9:18	0.2	6:47	6:00	
5	Sun	5:05	7.7	2:50	6.5	10:21	5.7	9:53	0.3	6:45	6:02	
6	Mon	5:23	7.6	3:41	6.5	10:41	5.1	10:25	0.6	6:43	6:03	
7	Tue	5:37	7.6	4:29	6.5	11:06	4.4	10:56	1.0	6:41	6:05	
8	Wed	5:50	7.6	5:18	6.5	11:36	3.7	11:28	1.7	6:39	6:06	
9	Thu	6:07	7.7	6:09	6.4			12:08	2.8	6:37	6:08	
10	Fri	6:28	7.7	7:04	6.3	12:00	2.5	12:44	1.9	6:35	6:10	
11	Sat	6:50	7.6	8:07	6.2	12:34	3.5	1:23	1.1	6:33	6:11	
12	Sun	8:13	7.5	10:24	6.2	1:10	4.5	3:06	0.4	7:31	7:13	
13	Mon	8:35	7.3			2:50	5.6	3:55	-0.2	7:29	7:14	
14	Tue	12:13	6.3	8:54 AM	7.2	3:39	6.5	4:52	-0.5	7:27	7:16	
15	Wed	2:11	6.7	9:13 AM	7.1	5:02	7.2	5:57	-0.7	7:25	7:17	
16	Thu	3:18	7.2	10:11 AM	6.9	7:00	7.4	7:07	-0.9	7:23	7:19	
17	Fri	4:00	7.6	12:05	6.7	8:31	7.0	8:13	-1.0	7:21	7:20	
18	Sat	4:33	7.8	1:40	6.7	9:24	6.3	9:11	-1.0	7:19	7:22	
19	Sun	5:02	7.9	3:04	6.8	10:07	5.4	10:01	-0.7	7:17	7:23	
20	Mon	5:28	8.0	4:18	6.9	10:48	4.2	10:47	-0.1	7:14	7:25	
21	Tue	5:53	8.0	5:26	7.0	11:30	3.0	11:30	0.8	7:12	7:26	
22	Wed	6:17	8.0	6:30	7.0			12:12	1.8	7:10	7:28	
23	Thu	6:40	8.0	7:33	6.9	12:13	2.0	12:55	0.8	7:08	7:29	
24	Fri	7:04	7.8	8:38	6.9	12:56	3.2	1:38	0.1	7:06	7:31	
25	Sat	7:29	7.6	9:51	6.8	1:43	4.4	2:22	-0.3	7:04	7:32	
26	Sun	7:55	7.2	11:15	6.8	2:35	5.4	3:08	-0.4	7:02	7:34	
27	Mon	8:22	6.8			3:41	6.3	3:58	-0.2	7:00	7:35	
28	Tue	12:46	7.0	8:49 AM	6.4	5:17	6.7	4:53	0.2	6:58	7:37	
29	Wed	2:04	7.2	9:21 AM	6.0	8:42	6.6	5:57	0.6	6:56	7:38	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
30	Thu	3:02	7.3	10:43 AM	5.7	9:44	6.2	7:06	0.9	6:54	7:40	
31	Fri	3:45	7.4	12:19	5.5	10:07	5.8	8:09	1.0	6:52	7:41	