



































## Roche Harbor, San Juan Island, WA - Jan 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	4:03	7.5	12:41	8.3	7:38	7.1	8:30	-2.1	8:04	4:27	
2	Wed	4:47	8.1	1:33	8.2	8:45	7.2	9:16	-2.5	8:04	4:28	
3	Thu	5:27	8.5	2:30	8.0	9:45	7.1	10:01	-2.5	8:04	4:29	
4	Fri	6:04	8.8	3:28	7.8	10:41	6.8	10:45	-2.2	8:04	4:31	
5	Sat	6:41	8.9	4:25	7.4	11:38	6.3	11:29	-1.5	8:04	4:32	
6	Sun	7:15	8.8	5:22	6.9			12:36	5.7	8:03	4:33	
7	Mon	7:48	8.8	6:20	6.3	12:11	-0.7	1:35	5.1	8:03	4:34	
8	Tue	8:19	8.6	7:23	5.7	12:53	0.4	2:35	4.3	8:03	4:35	
9	Wed	8:47	8.4	8:37	5.2	1:34	1.7	3:32	3.6	8:02	4:36	
10	Thu	9:14	8.2	10:25	4.9	2:16	3.0	4:27	2.8	8:02	4:38	
11	Fri	9:41	8.0			2:59	4.3	5:20	2.1	8:01	4:39	
12	Sat	12:56	5.2	10:11 AM	7.8	3:50	5.5	6:09	1.5	8:01	4:40	
13	Sun	2:40	6.0	10:44 AM	7.6	5:06	6.4	6:56	0.9	8:00	4:42	
14	Mon	3:38	6.7	11:22 AM	7.4	6:39	7.1	7:38	0.4	7:59	4:43	
15	Tue	4:17	7.3	12:06	7.4	7:59	7.3	8:17	-0.1	7:59	4:45	
16	Wed	4:48	7.7	12:54	7.3	8:57	7.3	8:54	-0.5	7:58	4:46	
17	Thu	5:15	7.9	1:44	7.3	9:37	7.2	9:29	-0.8	7:57	4:47	
18	Fri	5:39	8.1	2:35	7.3	10:11	7.0	10:04	-1.0	7:56	4:49	
19	Sat	6:01	8.2	3:25	7.3	10:46	6.6	10:39	-1.0	7:56	4:50	
20	Sun	6:22	8.3	4:16	7.1	11:23	6.1	11:15	-0.8	7:55	4:52	
21	Mon	6:44	8.4	5:10	6.9			12:05	5.5	7:54	4:53	
22	Tue	7:09	8.5	6:07	6.5			12:51	4.6	7:53	4:55	
23	Wed	7:36	8.5	7:10	6.0	12:30	0.5	1:40	3.7	7:52	4:56	
24	Thu	8:06	8.5	8:22	5.6	1:09	1.6	2:32	2.7	7:51	4:58	
25	Fri	8:37	8.5	9:53	5.4	1:49	2.9	3:27	1.7	7:49	5:00	
26	Sat	9:10	8.4			2:34	4.2	4:25	0.8	7:48	5:01	
27	Sun	12:01	5.5	9:48 AM	8.3	3:27	5.5	5:25	0.0	7:47	5:03	
28	Mon	1:55	6.2	10:32 AM	8.1	4:43	6.5	6:26	-0.7	7:46	5:04	
29	Tue	3:03	7.0	11:24 AM	7.9	6:19	7.1	7:24	-1.1	7:45	5:06	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
<b>30</b>	Wed	<b>3:49</b>	7.6	<b>12:27</b>	7.7	<b>7:44</b>	7.1	<b>8:17</b>	-1.4	7:43	5:08	
<b>31</b>	Thu	<b>4:28</b>	8.1	<b>1:33</b>	7.6	<b>8:50</b>	6.8	<b>9:05</b>	-1.5	7:42	5:09	