



































## Roche Harbor, San Juan Island, WA - Mar 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	3:51	7.8	1:53	6.7	9:00	5.5	8:50	0.0	6:53	5:56	
2	Sat	4:23	7.9	3:02	6.7	9:42	4.7	9:33	0.4	6:51	5:58	
3	Sun	4:51	7.9	4:01	6.7	10:19	3.9	10:13	0.9	6:49	5:59	
4	Mon	5:16	7.9	4:55	6.7	10:56	3.2	10:51	1.6	6:47	6:01	
5	Tue	5:37	7.8	5:45	6.7	11:32	2.5	11:28	2.4	6:45	6:02	
6	Wed	5:57	7.7	6:35	6.6			12:09	1.9	6:43	6:04	
7	Thu	6:19	7.6	7:27	6.4	12:07	3.3	12:47	1.4	6:41	6:05	
8	Fri	6:43	7.4	8:25	6.3	12:48	4.1	1:28	1.1	6:39	6:07	
9	Sat	7:11	7.2	9:36	6.2	1:31	4.9	2:11	0.9	6:37	6:08	
10	Sun	8:43	7.0			3:19	5.6	3:59	0.9	7:35	7:10	
11	Mon	12:14	6.2	9:18 AM	6.7	4:19	6.2	4:52	1.0	7:33	7:11	
12	Tue	1:52	6.4	10:02 AM	6.5	5:44	6.5	5:52	1.0	7:30	7:13	
13	Wed	2:56	6.6	10:59 AM	6.3	7:25	6.5	6:55	1.0	7:28	7:15	
14	Thu	3:36	6.8	12:09	6.1	8:37	6.3	7:53	0.9	7:26	7:16	
15	Fri	4:03	7.0	1:22	6.2	9:12	5.8	8:43	0.8	7:24	7:18	
16	Sat	4:24	7.1	2:33	6.3	9:40	5.1	9:27	0.8	7:22	7:19	
17	Sun	4:42	7.3	3:38	6.5	10:09	4.2	10:08	1.0	7:20	7:21	
18	Mon	5:01	7.4	4:40	6.8	10:42	3.2	10:47	1.4	7:18	7:22	
19	Tue	5:24	7.6	5:39	7.0	11:19	2.0	11:27	2.0	7:16	7:24	
20	Wed	5:50	7.8	6:37	7.2	11:59	0.9			7:14	7:25	
21	Thu	6:19	7.9	7:36	7.2	12:09	2.8	12:42	-0.1	7:12	7:27	
22	Fri	6:51	7.9	8:39	7.1	12:52	3.7	1:28	-0.8	7:10	7:28	
23	Sat	7:27	7.8	9:49	7.0	1:40	4.6	2:19	-1.2	7:08	7:30	
24	Sun	8:05	7.6	11:09	7.0	2:34	5.4	3:13	-1.1	7:05	7:31	
25	Mon	8:50	7.2			3:39	6.0	4:12	-0.8	7:03	7:33	
26	Tue	12:33	7.0	9:46 AM	6.8	5:02	6.2	5:18	-0.4	7:01	7:34	
27	Wed	1:44	7.2	10:58 AM	6.3	6:47	6.1	6:27	0.2	6:59	7:36	
28	Thu	2:40	7.3	12:27	5.9	8:24	5.4	7:35	0.7	6:57	7:37	
29	Fri	3:25	7.5	2:03	5.8	9:20	4.6	8:36	1.2	6:55	7:38	
30	Sat	4:01	7.5	3:27	6.0	9:58	3.7	9:27	1.7	6:53	7:40	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
<b>31</b>	Sun	<b>4:31</b>	7.5	<b>4:33</b>	6.3	<b>10:29</b>	2.9	<b>10:11</b>	2.3	6:51	7:41	