






























Roche Harbor, San Juan Island, WA - Jul 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	7:44	5.6	9:53	7.8	3:18	4.8	2:26	0.4	5:14	9:18	
2	Sat	8:42	5.1	10:22	7.7	4:18	4.3	3:08	1.3	5:15	9:18	
3	Sun	9:51	4.6	10:51	7.5	5:15	3.7	3:52	2.4	5:16	9:17	
4	Mon	11:23	4.4	11:22	7.4	6:08	3.0	4:39	3.4	5:17	9:17	
5	Tue			1:49	4.6	6:56	2.2	5:35	4.4	5:17	9:16	
6	Wed			3:28	5.2	7:39	1.5	6:42	5.2	5:18	9:16	
7	Thu	12:31	7.2	4:27	5.8	8:18	0.8	7:50	5.8	5:19	9:16	
8	Fri	1:09	7.2	5:09	6.4	8:54	0.1	8:51	6.1	5:20	9:15	
9	Sat	1:49	7.2	5:43	6.8	9:30	-0.6	9:41	6.2	5:21	9:14	
10	Sun	2:32	7.2	6:14	7.2	10:06	-1.2	10:26	6.2	5:22	9:14	
11	Mon	3:18	7.2	6:43	7.5	10:43	-1.6	11:09	6.1	5:23	9:13	
12	Tue	4:06	7.2	7:13	7.7	11:22	-1.9	11:55	5.8	5:24	9:12	
13	Wed	4:58	7.1	7:44	7.9			12:02	-1.9	5:25	9:11	
14	Thu	5:52	6.9	8:16	8.0	12:44	5.4	12:45	-1.6	5:26	9:11	
15	Fri	6:49	6.5	8:50	8.1	1:38	4.8	1:28	-1.0	5:27	9:10	
16	Sat	7:51	6.0	9:26	8.2	2:35	4.0	2:13	-0.1	5:28	9:09	
17	Sun	9:01	5.5	10:03	8.1	3:36	3.1	3:00	1.1	5:29	9:08	
18	Mon	10:24	5.1	10:42	8.0	4:38	2.2	3:51	2.4	5:30	9:07	
19	Tue			12:10	4.9	5:40	1.3	4:48	3.7	5:31	9:06	
20	Wed			2:05	5.3	6:41	0.4	5:56	4.8	5:32	9:05	
21	Thu	12:07	7.7	3:29	6.0	7:38	-0.3	7:14	5.5	5:33	9:04	
22	Fri	12:55	7.5	4:29	6.7	8:31	-0.9	8:30	5.9	5:35	9:03	
23	Sat	1:46	7.4	5:17	7.2	9:19	-1.3	9:36	6.0	5:36	9:02	
24	Sun	2:39	7.2	5:58	7.5	10:03	-1.4	10:31	5.8	5:37	9:00	
25	Mon	3:32	7.0	6:34	7.7	10:44	-1.4	11:19	5.6	5:38	8:59	
26	Tue	4:23	6.9	7:07	7.8	11:23	-1.2			5:40	8:58	
27	Wed	5:11	6.7	7:37	7.7	12:04	5.2	12:02	-0.8	5:41	8:57	
28	Thu	5:59	6.4	8:04	7.7	12:49	4.8	12:40	-0.2	5:42	8:55	
29	Fri	6:47	6.1	8:28	7.6	1:35	4.4	1:19	0.5	5:43	8:54	
30	Sat	7:37	5.8	8:53	7.5	2:22	3.9	1:58	1.3	5:45	8:52	
31	Sun	8:31	5.4	9:20	7.4	3:10	3.4	2:38	2.2	5:46	8:51	