



































Roche Harbor, San Juan Island, WA - Mar 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	3:15	7.5	11:59 AM	7.0	7:38	6.8	7:44	-1.0	6:52	5:57	
2	Fri	3:57	7.9	1:13	6.9	8:44	6.4	8:38	-1.0	6:50	5:58	
3	Sat	4:33	8.1	2:23	6.9	9:33	5.8	9:25	-0.8	6:48	6:00	
4	Sun	5:06	8.1	3:27	6.9	10:14	5.1	10:09	-0.4	6:46	6:01	
5	Mon	5:35	8.1	4:24	6.9	10:54	4.4	10:50	0.2	6:44	6:03	
6	Tue	6:01	8.0	5:18	6.8	11:34	3.7	11:30	1.0	6:42	6:04	
7	Wed	6:25	7.9	6:11	6.6			12:15	3.0	6:40	6:06	
8	Thu	6:47	7.7	7:06	6.3	12:09	1.9	12:56	2.4	6:38	6:08	
9	Fri	7:09	7.5	8:06	6.1	12:50	3.0	1:38	1.8	6:36	6:09	
10	Sat	7:33	7.3	9:19	6.0	1:33	4.0	2:22	1.5	6:34	6:11	
11	Sun	9:00	7.0			3:21	5.0	4:08	1.2	7:32	7:12	
12	Mon	12:02	6.0	9:30 AM	6.7	4:21	5.8	4:59	1.1	7:29	7:14	
13	Tue	1:52	6.3	10:06 AM	6.4	5:49	6.4	5:56	1.0	7:27	7:15	
14	Wed	3:05	6.7	10:53 AM	6.2	7:53	6.6	6:56	0.9	7:25	7:17	
15	Thu	3:53	7.1	11:57 AM	6.0	9:29	6.4	7:55	0.7	7:23	7:18	
16	Fri	4:27	7.3	1:08	6.1	9:57	6.2	8:47	0.5	7:21	7:20	
17	Sat	4:54	7.4	2:16	6.2	10:11	5.8	9:32	0.3	7:19	7:21	
18	Sun	5:15	7.5	3:18	6.4	10:29	5.3	10:12	0.2	7:17	7:23	
19	Mon	5:34	7.5	4:16	6.7	10:55	4.6	10:51	0.3	7:15	7:24	
20	Tue	5:54	7.6	5:11	6.8	11:26	3.7	11:29	0.7	7:13	7:26	
21	Wed	6:17	7.7	6:07	6.9			12:02	2.7	7:11	7:27	
22	Thu	6:42	7.8	7:05	7.0	12:09	1.4	12:42	1.6	7:09	7:29	
23	Fri	7:10	7.8	8:07	6.9	12:49	2.3	1:25	0.6	7:07	7:30	
24	Sat	7:40	7.7	9:15	6.8	1:33	3.4	2:13	-0.1	7:05	7:32	
25	Sun	8:12	7.6	10:35	6.7	2:21	4.4	3:04	-0.6	7:02	7:33	
26	Mon	8:47	7.3			3:17	5.4	4:00	-0.8	7:00	7:35	
27	Tue	12:10	6.8	9:28 AM	7.0	4:30	6.2	5:01	-0.7	6:58	7:36	
28	Wed	1:38	7.1	10:24 AM	6.6	6:07	6.5	6:08	-0.5	6:56	7:38	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
29	Thu	2:44	7.4	11:40 AM	6.2	8:04	6.3	7:18	-0.2	6:54	7:39	
30	Fri	3:35	7.7	1:09	6.0	9:19	5.6	8:22	0.1	6:52	7:41	
31	Sat	4:15	7.8	2:37	6.0	10:00	4.9	9:18	0.4	6:50	7:42	