




















## Roche Harbor, San Juan Island, WA - Jul 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:32	6.9	7:35	7.8	11:14	-1.4			5:15	9:18	
2	Mon	4:10	6.8	8:06	7.8	12:07	6.8	11:48 AM	-1.5	5:15	9:18	
3	Tue	4:50	6.6	8:36	7.9	12:52	6.7	12:24	-1.5	5:16	9:17	
4	Wed	5:32	6.4	9:05	7.9	1:38	6.6	1:02	-1.4	5:17	9:17	
5	Thu	6:16	6.2	9:34	7.9	2:29	6.3	1:41	-1.1	5:18	9:16	
6	Fri	7:06	5.8	10:04	7.9	3:21	5.9	2:21	-0.6	5:18	9:16	
7	Sat	8:05	5.4	10:34	7.9	4:13	5.3	3:02	0.2	5:19	9:15	
8	Sun	9:19	4.9	11:05	7.9	5:03	4.5	3:44	1.1	5:20	9:15	
9	Mon	10:46	4.5	11:36	7.8	5:51	3.4	4:31	2.2	5:21	9:14	
10	Tue			12:34	4.5	6:37	2.2	5:25	3.5	5:22	9:14	
11	Wed	12:08	7.8	2:40	5.1	7:23	0.8	6:30	4.7	5:23	9:13	
12	Thu	12:42	7.8	4:07	6.0	8:09	-0.5	7:42	5.6	5:24	9:12	
13	Fri	1:19	7.9	5:06	6.8	8:55	-1.7	8:50	6.2	5:25	9:11	
14	Sat	2:00	7.9	5:54	7.5	9:41	-2.6	9:51	6.5	5:26	9:11	
15	Sun	2:48	7.9	6:38	8.0	10:28	-3.2	10:49	6.6	5:27	9:10	
16	Mon	3:41	7.8	7:19	8.2	11:14	-3.3	11:45	6.4	5:28	9:09	
17	Tue	4:38	7.6	8:00	8.3			12:02	-3.1	5:29	9:08	
18	Wed	5:36	7.2	8:39	8.3	12:44	6.1	12:49	-2.5	5:30	9:07	
19	Thu	6:36	6.7	9:17	8.2	1:47	5.6	1:37	-1.6	5:31	9:06	
20	Fri	7:38	6.1	9:54	8.1	2:54	4.9	2:24	-0.5	5:33	9:05	
21	Sat	8:46	5.4	10:28	7.9	4:01	4.1	3:11	0.9	5:34	9:04	
22	Sun	10:10	4.8	11:00	7.7	5:06	3.3	3:59	2.2	5:35	9:02	
23	Mon			12:10	4.6	6:05	2.4	4:52	3.6	5:36	9:01	
24	Tue			2:17	5.1	6:59	1.6	5:57	4.8	5:37	9:00	
25	Wed	12:01	7.2	3:44	5.8	7:46	0.9	7:15	5.7	5:39	8:59	
26	Thu	12:32	7.0	4:43	6.5	8:28	0.3	8:35	6.3	5:40	8:58	
27	Fri	1:08	6.8	5:27	7.1	9:06	-0.2	9:43	6.5	5:41	8:56	
28	Sat	1:47	6.7	6:04	7.4	9:43	-0.6	10:33	6.6	5:42	8:55	
29	Sun	2:31	6.7	6:35	7.5	10:18	-0.9	11:11	6.5	5:44	8:54	
30	Mon	3:18	6.7	7:03	7.6	10:54	-1.0	11:43	6.4	5:45	8:52	
31	Tue	4:04	6.7	7:28	7.6	11:29	-1.1			5:46	8:51	