



































Seattle, WA - Mar 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	7:05	12.3	8:25	10.2	1:02	3.8	1:52	-0.2	6:49	5:53	
2	Fri	7:41	11.9	9:43	9.8	1:49	5.4	2:44	-0.6	6:47	5:55	
3	Sat	8:23	11.4	11:25	9.8	2:44	6.9	3:42	-0.6	6:45	5:56	
4	Sun	9:15	10.6			4:01	8.0	4:48	-0.4	6:43	5:58	
5	Mon	1:18	10.2	10:26 AM	9.9	5:59	8.4	5:59	-0.3	6:41	5:59	
6	Tue	2:30	10.8	11:54 AM	9.5	7:49	7.8	7:08	-0.2	6:39	6:01	
7	Wed	3:17	11.2	1:16	9.5	8:51	6.9	8:09	-0.2	6:37	6:02	
8	Thu	3:53	11.5	2:25	9.7	9:35	5.9	9:00	0.0	6:35	6:04	
9	Fri	4:21	11.6	3:22	9.9	10:11	4.9	9:44	0.3	6:33	6:05	
10	Sat	4:44	11.6	4:12	10.0	10:42	3.9	10:24	1.0	6:31	6:07	
11	Sun	5:03	11.6	4:58	10.1	11:11	3.0	11:01	1.8	6:29	6:08	
12	Mon	5:23	11.5	5:43	10.1	11:40	2.2	11:36	2.9	6:27	6:10	
13	Tue	5:44	11.4	6:28	10.1			12:10	1.5	6:25	6:11	
14	Wed	6:08	11.2	7:13	10.1	12:12	3.9	12:42	0.9	6:23	6:13	
15	Thu	6:35	10.9	8:01	10.0	12:49	5.0	1:16	0.6	6:21	6:14	
16	Fri	7:04	10.4	8:55	9.7	1:27	6.0	1:55	0.5	6:19	6:16	
17	Sat	7:36	9.9	9:59	9.5	2:11	7.0	2:39	0.6	6:17	6:17	
18	Sun	8:12	9.4	11:27	9.4	3:06	7.7	3:30	0.9	6:15	6:18	
19	Mon	9:01	8.9			4:33	8.2	4:30	1.1	6:13	6:20	
20	Tue	1:05	9.6	10:14 AM	8.5	6:53	8.1	5:35	1.1	6:11	6:21	
21	Wed	2:04	10.0	11:37 AM	8.5	7:58	7.5	6:39	0.9	6:09	6:23	
22	Thu	2:38	10.4	12:50	8.8	8:28	6.8	7:35	0.7	6:07	6:24	
23	Fri	3:03	10.7	1:52	9.3	8:54	5.8	8:25	0.6	6:05	6:26	
24	Sat	3:25	11.0	2:48	9.9	9:23	4.5	9:10	0.8	6:03	6:27	
25	Sun	3:47	11.4	3:42	10.4	9:55	3.0	9:53	1.4	6:01	6:28	
26	Mon	4:12	11.7	4:36	10.9	10:30	1.5	10:35	2.2	5:59	6:30	
27	Tue	4:39	11.9	5:31	11.2	11:09	0.0	11:19	3.4	5:57	6:31	
28	Wed	5:10	12.0	6:27	11.4	11:50	-1.2			5:55	6:33	
29	Thu	5:43	11.9	7:26	11.3	12:04	4.6	12:35	-1.9	5:53	6:34	
30	Fri	6:21	11.6	8:31	11.1	12:53	5.8	1:22	-2.1	5:51	6:36	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Sat	7:04	11.1	9:44	10.8	1:49	6.8	2:15	-1.7	5:49	6:37	