



































Seattle, WA - Mar 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	7:03	11.7	8:20	9.9	1:01	4.3	1:51	0.4	6:48	5:54	
2	Mon	7:34	11.5	9:30	9.6	1:42	5.6	2:39	-0.1	6:46	5:55	
3	Tue	8:11	11.1	11:00	9.5	2:31	6.9	3:35	-0.3	6:44	5:57	
4	Wed	8:59	10.6			3:39	8.0	4:39	-0.4	6:42	5:58	
5	Thu	12:56	9.8	10:08 AM	10.1	5:21	8.5	5:49	-0.5	6:40	6:00	
6	Fri	2:14	10.5	11:35 AM	9.8	7:13	8.2	6:57	-0.7	6:39	6:01	
7	Sat	3:01	11.0	12:59	9.9	8:24	7.2	7:59	-0.8	6:37	6:03	
8	Sun	4:36	11.5	3:11	10.2	10:13	6.0	9:53	-0.7	7:35	7:04	
9	Mon	5:05	11.8	4:14	10.4	10:54	4.7	10:41	-0.3	7:33	7:06	
10	Tue	5:32	12.0	5:11	10.6	11:33	3.4	11:26	0.5	7:31	7:07	
11	Wed	5:59	12.1	6:06	10.7			12:10	2.2	7:29	7:09	
12	Thu	6:25	12.1	6:59	10.7	12:08	1.5	12:47	1.2	7:27	7:10	
13	Fri	6:54	11.9	7:52	10.5	12:50	2.8	1:25	0.5	7:25	7:12	
14	Sat	7:24	11.6	8:46	10.4	1:32	4.1	2:03	0.1	7:23	7:13	
15	Sun	7:56	11.0	9:44	10.1	2:16	5.4	2:44	0.0	7:21	7:15	
16	Mon	8:31	10.4	10:51	9.8	3:05	6.5	3:28	0.3	7:19	7:16	
17	Tue	9:11	9.7			4:05	7.4	4:18	0.7	7:17	7:18	
18	Wed	12:18	9.6	10:01 AM	9.0	5:36	7.9	5:16	1.1	7:15	7:19	
19	Thu	1:55	9.7	11:10 AM	8.5	7:48	7.8	6:21	1.5	7:13	7:20	
20	Fri	3:01	10.0	12:32	8.3	9:00	7.2	7:28	1.6	7:11	7:22	
21	Sat	3:41	10.2	1:48	8.4	9:41	6.5	8:27	1.5	7:08	7:23	
22	Sun	4:09	10.4	2:49	8.7	10:08	5.8	9:15	1.4	7:06	7:25	
23	Mon	4:28	10.6	3:41	9.2	10:30	4.9	9:57	1.5	7:04	7:26	
24	Tue	4:46	10.8	4:27	9.6	10:52	3.9	10:35	1.9	7:02	7:28	
25	Wed	5:04	11.0	5:11	10.0	11:17	2.8	11:11	2.4	7:00	7:29	
26	Thu	5:24	11.2	5:56	10.4	11:45	1.6	11:48	3.1	6:58	7:30	
27	Fri	5:47	11.3	6:43	10.7			12:18	0.5	6:56	7:32	
28	Sat	6:14	11.4	7:32	10.9	12:27	4.1	12:55	-0.5	6:54	7:33	
29	Sun	6:43	11.3	8:25	11.0	1:07	5.0	1:35	-1.2	6:52	7:35	
30	Mon	7:16	11.1	9:23	10.8	1:51	6.0	2:20	-1.5	6:50	7:36	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Tue	7:55	10.8	10:31	10.6	2:41	6.9	3:11	-1.5	6:48	7:38	