

































## Seattle, WA - Jul 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	12:11	11.5	3:03	8.7	7:33	0.4	7:18	6.8	5:15	9:10	
2	Thu	12:54	11.0	4:19	9.8	8:22	-0.4	8:49	7.6	5:16	9:10	
3	Fri	1:39	10.5	5:15	10.7	9:06	-0.9	10:06	7.8	5:17	9:10	
4	Sat	2:24	10.2	5:59	11.2	9:47	-1.3	11:03	7.8	5:18	9:09	
5	Sun	3:09	10.0	6:35	11.4	10:25	-1.5	11:47	7.6	5:18	9:09	
6	Mon	3:51	9.8	7:04	11.5	11:01	-1.6			5:19	9:08	
7	Tue	4:33	9.7	7:29	11.4	12:23	7.4	11:37 AM	-1.6	5:20	9:08	
8	Wed	5:15	9.6	7:51	11.4	12:54	7.1	12:12	-1.5	5:21	9:07	
9	Thu	5:57	9.4	8:13	11.5	1:24	6.8	12:48	-1.2	5:22	9:07	
10	Fri	6:40	9.1	8:37	11.6	1:57	6.2	1:23	-0.7	5:22	9:06	
11	Sat	7:27	8.8	9:03	11.6	2:33	5.6	1:58	0.1	5:23	9:06	
12	Sun	8:19	8.4	9:30	11.6	3:13	4.8	2:34	1.2	5:24	9:05	
13	Mon	9:17	8.0	10:00	11.5	3:55	4.0	3:11	2.5	5:25	9:04	
14	Tue	10:25	7.7	10:31	11.3	4:41	3.0	3:51	4.0	5:26	9:03	
15	Wed	11:48	7.7	11:06	11.1	5:30	1.9	4:39	5.5	5:27	9:03	
16	Thu			1:28	8.2	6:23	0.8	5:43	7.0	5:28	9:02	
17	Fri			3:09	9.1	7:17	-0.3	7:09	8.0	5:29	9:01	
18	Sat	12:35	10.9	4:20	10.0	8:12	-1.4	8:36	8.4	5:30	9:00	
19	Sun	1:31	10.9	5:08	10.8	9:05	-2.3	9:48	8.3	5:31	8:59	
20	Mon	2:29	11.1	5:49	11.4	9:57	-3.1	10:45	7.8	5:33	8:58	
21	Tue	3:28	11.2	6:26	11.8	10:47	-3.5	11:36	7.1	5:34	8:57	
22	Wed	4:27	11.2	7:01	12.1	11:35	-3.4			5:35	8:56	
23	Thu	5:26	11.0	7:35	12.3	12:26	6.2	12:22	-2.9	5:36	8:55	
24	Fri	6:27	10.5	8:09	12.4	1:16	5.2	1:08	-1.8	5:37	8:54	
25	Sat	7:30	9.9	8:43	12.4	2:07	4.1	1:53	-0.4	5:38	8:52	
26	Sun	8:37	9.2	9:18	12.2	2:59	3.0	2:39	1.4	5:40	8:51	
27	Mon	9:51	8.6	9:55	11.8	3:53	2.1	3:28	3.3	5:41	8:50	
28	Tue	11:20	8.3	10:35	11.3	4:48	1.3	4:23	5.2	5:42	8:49	
29	Wed			1:11	8.5	5:45	0.8	5:35	6.7	5:43	8:47	
30	Thu			2:56	9.3	6:43	0.4	7:18	7.7	5:45	8:46	
31	Fri	12:11	10.1	4:07	10.1	7:41	0.0	9:01	7.8	5:46	8:45	