



























Seattle, WA - Jul 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:20	10.9	6:05	11.1	10:33	-2.2	11:09	7.4	5:15	9:10	
2	Tue	4:01	10.9	6:46	11.6	11:15	-2.9	11:57	7.4	5:16	9:10	
3	Wed	4:45	10.9	7:28	12.0	11:59	-3.3			5:17	9:10	
4	Thu	5:33	10.8	8:10	12.3	12:47	7.2	12:44	-3.3	5:17	9:09	
5	Fri	6:27	10.4	8:53	12.4	1:39	6.8	1:31	-2.9	5:18	9:09	
6	Sat	7:26	9.9	9:36	12.4	2:34	6.2	2:20	-2.0	5:19	9:09	
7	Sun	8:32	9.2	10:19	12.4	3:34	5.4	3:10	-0.8	5:20	9:08	
8	Mon	9:47	8.5	11:03	12.2	4:37	4.4	4:03	0.9	5:20	9:08	
9	Tue	11:14	7.9	11:48	12.0	5:42	3.3	5:01	2.6	5:21	9:07	
10	Wed			12:57	7.9	6:45	2.0	6:08	4.3	5:22	9:06	
11	Thu	12:34	11.8	2:41	8.6	7:42	0.8	7:24	5.6	5:23	9:06	
12	Fri	1:21	11.5	4:02	9.5	8:34	-0.3	8:43	6.5	5:24	9:05	
13	Sat	2:06	11.2	5:03	10.5	9:20	-1.1	9:55	6.9	5:25	9:04	
14	Sun	2:51	10.8	5:52	11.1	10:02	-1.6	10:55	7.1	5:26	9:04	
15	Mon	3:34	10.5	6:32	11.5	10:41	-1.9	11:44	7.0	5:27	9:03	
16	Tue	4:16	10.3	7:07	11.6	11:19	-1.9			5:28	9:02	
17	Wed	4:58	10.0	7:37	11.6	12:27	6.9	11:56 AM	-1.8	5:29	9:01	
18	Thu	5:40	9.7	8:04	11.5	1:06	6.7	12:32	-1.5	5:30	9:00	
19	Fri	6:23	9.4	8:31	11.5	1:43	6.4	1:09	-1.0	5:31	8:59	
20	Sat	7:08	9.1	8:59	11.4	2:20	6.0	1:47	-0.4	5:32	8:58	
21	Sun	7:56	8.7	9:30	11.4	3:00	5.5	2:24	0.5	5:33	8:57	
22	Mon	8:49	8.2	10:02	11.2	3:43	4.9	3:03	1.5	5:34	8:56	
23	Tue	9:48	7.8	10:37	11.1	4:29	4.3	3:43	2.8	5:36	8:55	
24	Wed	10:58	7.5	11:14	10.8	5:18	3.5	4:29	4.1	5:37	8:54	
25	Thu			12:21	7.6	6:08	2.7	5:23	5.4	5:38	8:53	
26	Fri			1:54	8.0	6:59	1.7	6:32	6.5	5:39	8:52	
27	Sat	12:35	10.5	3:17	8.9	7:48	0.6	7:51	7.2	5:40	8:50	
28	Sun	1:20	10.4	4:17	9.8	8:36	-0.4	9:03	7.5	5:42	8:49	
29	Mon	2:07	10.5	5:03	10.6	9:23	-1.4	10:02	7.5	5:43	8:48	
30	Tue	2:56	10.7	5:43	11.2	10:09	-2.3	10:52	7.2	5:44	8:47	
31	Wed	3:46	10.9	6:21	11.7	10:56	-2.9	11:39	6.7	5:45	8:45	