

Toke Point, Willapa Bay, WA - Jan 1990

| Date | | High | | | | Low | | | | ☀ | | ☾ |
|------|-----|-------|------|----------|------|-------|-----|-------|------|------|------|------|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Mon | 3:58 | 8.6 | 3:19 | 8.9 | 9:31 | 3.5 | 9:52 | 0.3 | 8:00 | 4:38 | ☾ |
| 2 | Tue | 4:36 | 8.9 | 4:14 | 8.2 | 10:27 | 3.2 | 10:34 | 1.0 | 8:00 | 4:39 | ☾ |
| 3 | Wed | 5:17 | 9.2 | 5:19 | 7.4 | 11:30 | 2.7 | 11:19 | 1.9 | 8:00 | 4:40 | ☾ |
| 4 | Thu | 6:02 | 9.4 | 6:37 | 6.8 | | | 12:40 | 2.2 | 8:00 | 4:41 | ☾ |
| 5 | Fri | 6:53 | 9.6 | 8:07 | 6.5 | 12:12 | 2.8 | 1:53 | 1.4 | 8:00 | 4:42 | ☾ |
| 6 | Sat | 7:50 | 9.9 | 9:34 | 6.7 | 1:15 | 3.6 | 3:02 | 0.6 | 7:59 | 4:43 | ☾ |
| 7 | Sun | 8:49 | 10.1 | 10:49 | 7.1 | 2:27 | 4.1 | 4:04 | -0.2 | 7:59 | 4:44 | ☾ |
| 8 | Mon | 9:48 | 10.4 | 11:49 | 7.6 | 3:38 | 4.2 | 5:00 | -0.8 | 7:59 | 4:46 | ☾ |
| 9 | Tue | 10:44 | 10.6 | | | 4:43 | 4.1 | 5:50 | -1.2 | 7:59 | 4:47 | ☾ |
| 10 | Wed | 12:39 | 8.1 | 11:38 AM | 10.7 | 5:40 | 3.8 | 6:36 | -1.4 | 7:58 | 4:48 | ☾ |
| 11 | Thu | 1:23 | 8.5 | 12:29 | 10.6 | 6:32 | 3.5 | 7:18 | -1.4 | 7:58 | 4:49 | ☾ |
| 12 | Fri | 2:02 | 8.7 | 1:16 | 10.3 | 7:20 | 3.2 | 7:58 | -1.1 | 7:57 | 4:50 | ☾ |
| 13 | Sat | 2:40 | 8.9 | 2:01 | 9.9 | 8:06 | 3.0 | 8:36 | -0.5 | 7:57 | 4:52 | ☾ |
| 14 | Sun | 3:16 | 9.0 | 2:45 | 9.2 | 8:53 | 2.9 | 9:13 | 0.1 | 7:56 | 4:53 | ☾ |
| 15 | Mon | 3:52 | 9.0 | 3:31 | 8.5 | 9:40 | 2.9 | 9:48 | 1.0 | 7:56 | 4:54 | ☾ |
| 16 | Tue | 4:27 | 9.0 | 4:19 | 7.7 | 10:30 | 2.8 | 10:24 | 1.8 | 7:55 | 4:56 | ☾ |
| 17 | Wed | 5:02 | 8.9 | 5:12 | 6.9 | 11:24 | 2.8 | 11:01 | 2.7 | 7:54 | 4:57 | ☾ |
| 18 | Thu | 5:40 | 8.8 | 6:17 | 6.3 | | | 12:23 | 2.6 | 7:53 | 4:58 | ☾ |
| 19 | Fri | 6:24 | 8.7 | 7:39 | 5.9 | | | 1:29 | 2.4 | 7:53 | 5:00 | ☾ |
| 20 | Sat | 7:14 | 8.6 | 9:11 | 5.9 | 12:34 | 4.3 | 2:36 | 2.0 | 7:52 | 5:01 | ☾ |
| 21 | Sun | 8:11 | 8.7 | 10:29 | 6.3 | 1:44 | 4.8 | 3:36 | 1.5 | 7:51 | 5:03 | ☾ |
| 22 | Mon | 9:07 | 8.9 | 11:24 | 6.7 | 2:59 | 4.9 | 4:27 | 0.9 | 7:50 | 5:04 | ☾ |
| 23 | Tue | 10:00 | 9.1 | | | 4:02 | 4.8 | 5:12 | 0.4 | 7:49 | 5:05 | ☾ |
| 24 | Wed | 12:05 | 7.2 | 10:48 AM | 9.5 | 4:54 | 4.6 | 5:52 | -0.1 | 7:48 | 5:07 | ☾ |
| 25 | Thu | 12:39 | 7.6 | 11:33 AM | 9.8 | 5:40 | 4.2 | 6:28 | -0.5 | 7:47 | 5:08 | ☾ |
| 26 | Fri | 1:11 | 8.0 | 12:16 | 10.0 | 6:22 | 3.7 | 7:03 | -0.8 | 7:46 | 5:10 | ☾ |
| 27 | Sat | 1:42 | 8.4 | 12:58 | 10.1 | 7:03 | 3.3 | 7:38 | -0.8 | 7:45 | 5:11 | ☾ |
| 28 | Sun | 2:14 | 8.8 | 1:41 | 9.9 | 7:44 | 2.8 | 8:12 | -0.6 | 7:44 | 5:13 | ☾ |
| 29 | Mon | 2:46 | 9.1 | 2:25 | 9.5 | 8:28 | 2.4 | 8:47 | -0.1 | 7:43 | 5:14 | ☾ |
| 30 | Tue | 3:19 | 9.5 | 3:14 | 8.9 | 9:16 | 2.0 | 9:24 | 0.7 | 7:42 | 5:16 | ☾ |
| 31 | Wed | 3:55 | 9.7 | 4:08 | 8.1 | 10:08 | 1.7 | 10:03 | 1.5 | 7:40 | 5:17 | ☾ |