

Upright Head, Lopez Island, WA - Mar 1974

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	12:42	6.3	8:50 AM	7.6	3:36	5.9	5:07	0.1	7:52	6:54	
2	Sat	2:05	6.8	9:35 AM	7.5	4:43	6.4	6:12	-0.2	7:50	6:56	
3	Sun	3:02	7.3	10:41 AM	7.3	6:22	6.7	7:19	-0.5	7:49	6:58	
4	Mon	3:45	7.6	12:07	7.1	8:13	6.4	8:20	-0.6	7:47	6:59	
5	Tue	4:21	7.8	1:38	7.0	9:20	5.7	9:16	-0.4	7:45	7:01	
6	Wed	4:53	7.9	3:04	7.0	10:11	4.7	10:07	0.0	7:43	7:02	
7	Thu	5:22	7.9	4:24	7.1	10:56	3.7	10:54	0.6	7:41	7:04	
8	Fri	5:49	7.9	5:36	7.1	11:40	2.7	11:38	1.5	7:38	7:05	
9	Sat	6:13	7.8	6:41	7.0			12:23	1.8	7:36	7:07	
10	Sun	6:36	7.7	7:45	6.9	12:20	2.4	1:06	1.1	7:34	7:08	
11	Mon	6:57	7.6	8:53	6.7	1:00	3.4	1:50	0.6	7:32	7:10	
12	Tue	7:18	7.4	10:06	6.6	1:41	4.3	2:36	0.4	7:30	7:11	
13	Wed	7:40	7.2	11:25	6.5	2:22	5.0	3:24	0.4	7:28	7:13	
14	Thu	8:05	7.0			3:08	5.6	4:14	0.6	7:26	7:14	
15	Fri	12:46	6.5	8:35 AM	6.8	4:01	6.0	5:09	0.7	7:24	7:16	
16	Sat	1:54	6.7	9:14 AM	6.5	5:23	6.2	6:11	0.9	7:22	7:17	
17	Sun	2:46	6.8	10:17 AM	6.1	8:03	6.0	7:12	1.0	7:20	7:19	
18	Mon	3:26	6.9	11:52 AM	5.9	8:58	5.6	8:07	1.1	7:18	7:20	
19	Tue	3:58	7.0	1:32	5.8	9:33	5.0	8:53	1.2	7:16	7:22	
20	Wed	4:25	7.0	2:50	5.9	10:02	4.4	9:33	1.4	7:14	7:23	
21	Thu	4:48	7.0	3:56	6.1	10:29	3.7	10:11	1.8	7:12	7:25	
22	Fri	5:06	7.0	4:55	6.3	10:57	2.9	10:48	2.2	7:10	7:26	
23	Sat	5:19	7.0	5:48	6.5	11:26	2.2	11:24	2.8	7:07	7:28	
24	Sun	5:31	7.0	6:39	6.7	11:57	1.4			7:05	7:29	
25	Mon	5:44	7.0	7:33	6.8	12:00	3.4	12:31	0.8	7:03	7:31	
26	Tue	6:03	7.0	8:33	6.9	12:38	4.1	1:09	0.2	7:01	7:32	
27	Wed	6:26	7.1	9:42	7.0	1:19	4.8	1:52	-0.2	6:59	7:34	
28	Thu	6:52	7.1	10:58	7.0	2:05	5.4	2:39	-0.5	6:57	7:35	
29	Fri	7:24	7.1			3:00	5.9	3:32	-0.6	6:55	7:37	

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30	Sat	12:14	7.2	8:04 AM	6.9	4:07	6.2	4:30	-0.5	6:53	7:38	
31	Sun	1:17	7.4	9:06 AM	6.5	5:40	6.2	5:33	-0.2	6:51	7:40	