

Upright Head, Lopez Island, WA - Jan 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	5:56	8.8	2:27	8.0	10:35	6.9	10:32	-1.5	8:03	4:26	
2	Fri	6:33	8.9	3:15	7.6	11:31	6.6	11:09	-1.1	8:03	4:27	
3	Sat	7:09	8.9	4:03	7.1			12:27	6.2	8:03	4:28	
4	Sun	7:44	8.8	4:50	6.6			1:24	5.8	8:03	4:29	
5	Mon	8:16	8.6	5:39	6.0	12:17	0.2	2:19	5.3	8:03	4:30	
6	Tue	8:44	8.4	6:36	5.4	12:50	1.0	3:10	4.7	8:03	4:31	
7	Wed	9:08	8.2	7:53	4.8	1:23	1.9	4:00	4.0	8:02	4:32	
8	Thu	9:26	8.0	10:30	4.6	1:56	2.9	4:49	3.4	8:02	4:33	
9	Fri	9:41	7.9			2:31	3.8	5:37	2.6	8:02	4:35	
10	Sat	12:43	4.9	10:02 AM	7.9	3:08	4.7	6:20	1.9	8:01	4:36	
11	Sun	10:30	7.9					7:00	1.1	8:01	4:37	
12	Mon	3:19	6.3	11:05 AM	7.9	5:08	6.2	7:38	0.4	8:00	4:38	
13	Tue	4:03	7.0	11:46 AM	8.0	6:40	6.7	8:15	-0.2	8:00	4:40	
14	Wed	4:38	7.6	12:31	8.0	8:01	6.9	8:52	-0.8	7:59	4:41	
15	Thu	5:11	8.1	1:18	8.0	9:08	6.9	9:30	-1.1	7:58	4:42	
16	Fri	5:42	8.5	2:09	7.9	10:04	6.7	10:08	-1.3	7:58	4:44	
17	Sat	6:12	8.7	3:04	7.7	10:54	6.4	10:46	-1.2	7:57	4:45	
18	Sun	6:41	8.8	4:01	7.4	11:43	5.9	11:25	-0.7	7:56	4:47	
19	Mon	7:08	8.8	5:01	7.0			12:34	5.2	7:55	4:48	
20	Tue	7:35	8.7	6:06	6.4	12:05	0.0	1:28	4.4	7:54	4:50	
21	Wed	8:00	8.7	7:25	5.8	12:46	1.0	2:24	3.5	7:53	4:51	
22	Thu	8:25	8.6	9:15	5.4	1:28	2.2	3:21	2.5	7:53	4:53	
23	Fri	8:53	8.5	11:28	5.5	2:12	3.4	4:21	1.6	7:52	4:54	
24	Sat	9:26	8.5			2:59	4.6	5:24	0.8	7:50	4:56	
25	Sun	1:12	6.1	10:04 AM	8.4	3:53	5.7	6:25	0.1	7:49	4:57	
26	Mon	2:31	6.8	10:50 AM	8.3	5:11	6.5	7:21	-0.5	7:48	4:59	
27	Tue	3:31	7.4	11:44 AM	8.1	6:59	6.8	8:11	-0.8	7:47	5:00	
28	Wed	4:16	7.9	12:41	7.9	8:31	6.8	8:56	-0.9	7:46	5:02	
29	Thu	4:53	8.2	1:37	7.7	9:36	6.5	9:38	-0.8	7:45	5:04	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
30	Fri	5:27	8.3	2:33	7.4	10:27	6.1	10:15	-0.6	7:43	5:05	
31	Sat	5:58	8.4	3:28	7.1	11:11	5.6	10:49	-0.1	7:42	5:07	