

Upright Head, Lopez Island, WA - Mar 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	5:32	7.5	4:50	6.5	11:14	3.5	10:59	1.7	6:51	5:55	●
2	Tue	5:52	7.4	5:37	6.4	11:45	3.1	11:30	2.3	6:49	5:57	●
3	Wed	6:07	7.2	6:24	6.2			12:18	2.6	6:47	5:58	●
4	Thu	6:18	7.1	7:17	6.0	12:02	3.0	12:53	2.2	6:46	6:00	●
5	Fri	6:32	7.0	8:22	5.9	12:35	3.6	1:31	1.9	6:43	6:01	◐
6	Sat	6:52	7.0	9:45	5.8	1:11	4.3	2:13	1.6	6:41	6:03	◐
7	Sun	7:16	6.9	11:20	5.9	1:50	4.9	2:59	1.4	6:39	6:05	◐
8	Mon	7:47	6.8			2:37	5.4	3:51	1.2	6:37	6:06	◐
9	Tue	12:39	6.2	8:27 AM	6.7	3:36	5.8	4:48	0.9	6:35	6:08	◐
10	Wed	1:35	6.6	9:25 AM	6.6	4:58	6.0	5:49	0.7	6:33	6:09	◐
11	Thu	2:17	6.9	10:42 AM	6.5	6:38	5.9	6:47	0.5	6:31	6:11	◐
12	Fri	2:52	7.2	12:06	6.5	7:45	5.4	7:41	0.3	6:29	6:12	◐
13	Sat	3:22	7.4	1:26	6.6	8:33	4.6	8:31	0.4	6:27	6:14	○
14	Sun	3:49	7.5	2:42	6.9	9:17	3.7	9:19	0.7	6:25	6:15	○
15	Mon	4:14	7.6	3:54	7.1	10:00	2.7	10:06	1.3	6:23	6:17	○
16	Tue	4:39	7.7	5:01	7.3	10:43	1.7	10:52	2.1	6:21	6:18	○
17	Wed	5:04	7.7	6:06	7.3	11:28	0.8	11:38	2.9	6:19	6:20	○
18	Thu	5:30	7.7	7:15	7.3			12:16	0.1	6:17	6:21	○
19	Fri	6:00	7.6	8:28	7.2	12:25	3.8	1:07	-0.3	6:15	6:23	○
20	Sat	6:32	7.5	9:46	7.1	1:15	4.6	2:00	-0.4	6:13	6:24	○
21	Sun	7:08	7.2	11:05	7.0	2:12	5.3	2:57	-0.3	6:11	6:26	○
22	Mon	7:52	6.8			3:20	5.7	3:58	0.0	6:08	6:27	◐
23	Tue	12:16	7.1	8:48 AM	6.4	5:00	5.8	5:04	0.4	6:06	6:29	◐
24	Wed	1:12	7.2	10:12 AM	6.0	6:46	5.4	6:11	0.8	6:04	6:30	◐
25	Thu	1:59	7.2	12:08	5.7	7:49	4.8	7:11	1.1	6:02	6:32	◐
26	Fri	2:37	7.2	1:33	5.8	8:34	4.2	8:02	1.5	6:00	6:33	◐
27	Sat	3:10	7.2	2:41	5.9	9:10	3.5	8:46	1.9	5:58	6:35	◐
28	Sun	3:39	7.1	3:39	6.1	9:42	2.9	9:25	2.3	5:56	6:36	◐
29	Mon	4:03	7.0	4:30	6.3	10:10	2.3	10:01	2.7	5:54	6:38	◐
30	Tue	4:21	6.9	5:16	6.5	10:38	1.7	10:36	3.2	5:52	6:39	●

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Wed	4:35	6.8	6:01	6.6	11:06	1.3	11:10	3.7	5:50	6:40	