

Upright Head, Lopez Island, WA - Jul 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	6:18	5.9	9:32	8.2	2:47	5.2	1:41	-0.4	5:13	9:17	
2	Fri	7:24	5.3	9:55	8.1	3:40	4.4	2:22	0.5	5:14	9:16	
3	Sat	8:49	4.7	10:19	8.1	4:32	3.4	3:05	1.6	5:15	9:16	
4	Sun	10:56	4.4	10:45	8.1	5:26	2.4	3:50	2.8	5:15	9:16	
5	Mon			1:22	4.8	6:21	1.2	4:41	4.0	5:16	9:15	
6	Tue			2:57	5.6	7:15	0.1	5:43	5.1	5:17	9:15	
7	Wed			4:10	6.5	8:07	-0.9	7:05	6.0	5:18	9:14	
8	Thu	12:38	8.1	5:07	7.2	8:56	-1.6	8:32	6.4	5:19	9:14	
9	Fri	1:25	8.1	5:53	7.8	9:43	-2.1	9:54	6.5	5:19	9:13	
10	Sat	2:14	7.9	6:33	8.1	10:29	-2.3	11:04	6.3	5:20	9:12	
11	Sun	3:06	7.6	7:11	8.3	11:11	-2.2			5:21	9:12	
12	Mon	4:00	7.2	7:47	8.3	12:04	6.0	11:52 AM	-1.8	5:22	9:11	
13	Tue	4:54	6.7	8:22	8.3	1:00	5.6	12:29	-1.2	5:23	9:10	
14	Wed	5:48	6.2	8:54	8.1	1:56	5.1	1:05	-0.4	5:24	9:10	
15	Thu	6:41	5.6	9:23	7.9	2:51	4.5	1:40	0.5	5:25	9:09	
16	Fri	7:42	5.0	9:48	7.7	3:43	3.9	2:13	1.4	5:26	9:08	
17	Sat	9:04	4.5	10:08	7.5	4:32	3.3	2:47	2.4	5:27	9:07	
18	Sun	11:15	4.3	10:24	7.4	5:21	2.6	3:21	3.3	5:29	9:06	
19	Mon			1:16	4.5	6:10	2.0	3:58	4.2	5:30	9:05	
20	Tue			2:46	5.1	6:57	1.4	4:41	5.0	5:31	9:04	
21	Wed			3:55	5.7	7:41	0.7	5:46	5.6	5:32	9:03	
22	Thu			4:45	6.3	8:22	0.1	7:16	6.1	5:33	9:02	
23	Fri	12:28	7.3	5:22	6.9	9:00	-0.4	8:41	6.3	5:34	9:00	
24	Sat	1:14	7.2	5:54	7.3	9:38	-0.9	9:50	6.2	5:36	8:59	
25	Sun	2:03	7.2	6:25	7.6	10:15	-1.2	10:47	6.0	5:37	8:58	
26	Mon	2:53	7.1	6:53	7.8	10:51	-1.3	11:35	5.7	5:38	8:57	
27	Tue	3:47	7.0	7:20	8.0	11:28	-1.2			5:39	8:55	
28	Wed	4:44	6.7	7:45	8.0	12:21	5.2	12:06	-0.9	5:41	8:54	
29	Thu	5:44	6.4	8:08	8.0	1:08	4.5	12:44	-0.2	5:42	8:53	
30	Fri	6:47	6.0	8:31	7.9	1:57	3.8	1:24	0.7	5:43	8:51	
31	Sat	7:59	5.5	8:54	7.9	2:49	2.9	2:05	1.7	5:45	8:50	