

Upright Head, Lopez Island, WA - Aug 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	9:35	5.2	9:21	7.9	3:43	2.0	2:49	2.9	5:46	8:49	
2	Mon	11:39	5.2	9:53	7.9	4:40	1.2	3:35	4.0	5:47	8:47	
3	Tue			1:29	5.6	5:40	0.4	4:28	5.0	5:49	8:46	
4	Wed			2:51	6.2	6:43	-0.3	5:37	5.8	5:50	8:44	
5	Thu			3:54	6.8	7:43	-0.8	7:15	6.2	5:51	8:43	
6	Fri	12:13	7.6	4:44	7.3	8:38	-1.2	8:52	6.2	5:53	8:41	
7	Sat	1:15	7.4	5:24	7.6	9:28	-1.3	10:03	5.9	5:54	8:39	
8	Sun	2:17	7.2	6:00	7.7	10:13	-1.3	10:58	5.4	5:55	8:38	
9	Mon	3:19	7.0	6:32	7.8	10:55	-1.0	11:45	4.9	5:57	8:36	
10	Tue	4:19	6.7	7:02	7.8	11:32	-0.5			5:58	8:34	
11	Wed	5:16	6.4	7:30	7.6	12:27	4.4	12:07	0.1	6:00	8:33	
12	Thu	6:09	6.1	7:54	7.5	1:09	3.9	12:40	0.9	6:01	8:31	
13	Fri	7:02	5.7	8:14	7.3	1:50	3.4	1:13	1.7	6:02	8:29	
14	Sat	8:00	5.4	8:30	7.1	2:32	2.9	1:45	2.5	6:04	8:27	
15	Sun	9:15	5.1	8:45	7.0	3:14	2.5	2:20	3.3	6:05	8:26	
16	Mon	10:54	5.0	9:05	6.9	3:59	2.1	2:56	4.0	6:07	8:24	
17	Tue			12:41	5.1	4:46	1.7	3:37	4.7	6:08	8:22	
18	Wed			2:05	5.5	5:39	1.3	4:27	5.3	6:09	8:20	
19	Thu			3:07	6.0	6:35	0.9	5:39	5.7	6:11	8:18	
20	Fri			3:54	6.4	7:28	0.5	7:16	5.9	6:12	8:16	
21	Sat			4:31	6.8	8:16	0.1	8:38	5.8	6:14	8:15	
22	Sun	12:56	6.7	5:02	7.1	9:01	-0.3	9:35	5.4	6:15	8:13	
23	Mon	2:00	6.7	5:29	7.3	9:43	-0.4	10:21	4.9	6:16	8:11	
24	Tue	3:03	6.8	5:54	7.5	10:24	-0.4	11:04	4.2	6:18	8:09	
25	Wed	4:07	6.8	6:17	7.5	11:05	-0.1	11:46	3.5	6:19	8:07	
26	Thu	5:11	6.7	6:39	7.6	11:46	0.5			6:20	8:05	
27	Fri	6:15	6.6	7:01	7.6	12:30	2.6	12:27	1.3	6:22	8:03	
28	Sat	7:22	6.5	7:25	7.6	1:17	1.8	1:10	2.2	6:23	8:01	
29	Sun	8:39	6.3	7:53	7.5	2:07	1.1	1:55	3.2	6:25	7:59	
30	Mon	10:09	6.1	8:25	7.5	3:01	0.5	2:43	4.2	6:26	7:57	
31	Tue	11:45	6.2	9:03	7.3	3:59	0.1	3:37	5.0	6:27	7:55	