

Upright Head, Lopez Island, WA - Oct 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri			1:39	7.4	5:25	0.1	7:23	5.3	7:11	6:50	
2	Sat			2:25	7.4	6:32	0.6	8:26	4.6	7:13	6:48	
3	Sun	12:46	5.6	3:04	7.4	7:37	1.1	9:12	3.9	7:14	6:46	
4	Mon	2:18	5.6	3:38	7.3	8:32	1.6	9:50	3.1	7:16	6:44	
5	Tue	3:29	5.9	4:07	7.2	9:20	2.1	10:23	2.4	7:17	6:42	
6	Wed	4:29	6.1	4:32	7.1	10:03	2.6	10:53	1.8	7:18	6:40	
7	Thu	5:22	6.4	4:51	7.0	10:42	3.1	11:21	1.3	7:20	6:38	
8	Fri	6:10	6.6	5:06	6.9	11:19	3.6	11:49	0.9	7:21	6:36	
9	Sat	6:56	6.8	5:20	6.8	11:55	4.1			7:23	6:33	
10	Sun	7:42	6.9	5:38	6.7	12:18	0.6	12:32	4.6	7:24	6:31	
11	Mon	8:31	6.9	5:59	6.6	12:50	0.4	1:11	5.0	7:26	6:29	
12	Tue	9:25	6.9	6:21	6.5	1:25	0.3	1:56	5.4	7:27	6:27	
13	Wed	10:23	6.9	6:45	6.3	2:03	0.3	2:49	5.7	7:29	6:26	
14	Thu	11:24	7.0	7:10	6.1	2:46	0.4	3:54	5.8	7:30	6:24	
15	Fri			12:20	7.1	3:32	0.6	5:22	5.7	7:32	6:22	
16	Sat			1:05	7.2	4:23	0.8			7:33	6:20	
17	Sun			1:40	7.3	5:18	1.2	7:55	4.7	7:35	6:18	
18	Mon			2:08	7.4	6:19	1.5	8:24	3.8	7:36	6:16	
19	Tue	1:07	5.3	2:32	7.5	7:22	2.0	8:56	2.8	7:38	6:14	
20	Wed	2:43	5.8	2:56	7.5	8:21	2.5	9:32	1.6	7:39	6:12	
21	Thu	4:00	6.4	3:21	7.6	9:18	3.1	10:11	0.5	7:41	6:10	
22	Fri	5:08	7.1	3:50	7.7	10:12	3.7	10:52	-0.6	7:43	6:08	
23	Sat	6:08	7.7	4:22	7.8	11:05	4.4	11:35	-1.4	7:44	6:07	
24	Sun	7:07	8.1	4:56	7.8	11:58	5.0			7:46	6:05	
25	Mon	8:06	8.3	5:33	7.7	12:21	-1.8	12:52	5.6	7:47	6:03	
26	Tue	9:07	8.4	6:11	7.4	1:08	-1.9	1:55	5.9	7:49	6:01	
27	Wed	10:08	8.3	6:52	6.9	1:57	-1.6	3:11	6.0	7:50	6:00	
28	Thu	11:07	8.2	7:40	6.3	2:49	-1.0	4:41	5.8	7:52	5:58	
29	Fri			12:02	8.1	3:43	-0.2	6:16	5.3	7:53	5:56	
30	Sat			12:50	8.0	4:38	0.7	7:28	4.5	7:55	5:54	
31	Sun			12:31	7.9	4:36	1.6	7:16	3.6	6:57	4:53	