

Upright Head, Lopez Island, WA - Jan 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	9:34	8.3	8:46	4.8	2:02	2.0	4:38	3.9	8:03	4:26	
2	Mon	9:56	8.3	11:34	4.8	2:44	2.9	5:25	2.9	8:03	4:27	
3	Tue	10:24	8.3			3:33	4.0	6:12	1.8	8:03	4:28	
4	Wed	1:34	5.5	11:00 AM	8.4	4:35	5.0	6:58	0.6	8:03	4:29	
5	Thu	2:49	6.5	11:40 AM	8.5	5:53	5.9	7:44	-0.4	8:03	4:30	
6	Fri	3:48	7.4	12:25	8.6	7:14	6.4	8:30	-1.3	8:02	4:32	
7	Sat	4:36	8.1	1:14	8.6	8:31	6.7	9:16	-1.9	8:02	4:33	
8	Sun	5:20	8.7	2:06	8.5	9:40	6.7	10:02	-2.2	8:02	4:34	
9	Mon	6:01	9.1	3:02	8.2	10:43	6.5	10:48	-2.0	8:01	4:35	
10	Tue	6:42	9.2	4:00	7.8	11:44	6.2	11:32	-1.5	8:01	4:36	
11	Wed	7:21	9.2	4:58	7.2			12:46	5.6	8:00	4:38	
12	Thu	7:59	9.1	6:00	6.5	12:15	-0.7	1:50	5.0	8:00	4:39	
13	Fri	8:35	8.9	7:12	5.8	12:57	0.4	2:52	4.2	7:59	4:40	
14	Sat	9:10	8.7	8:55	5.2	1:38	1.6	3:53	3.5	7:59	4:42	
15	Sun	9:42	8.4	11:02	5.0	2:18	2.7	4:54	2.7	7:58	4:43	
16	Mon	10:11	8.2			2:57	3.9	5:52	2.0	7:57	4:45	
17	Tue	12:48	5.3	10:38 AM	8.0	3:39	4.9	6:42	1.4	7:56	4:46	
18	Wed	2:12	5.9	11:07 AM	7.9	4:33	5.7	7:26	0.9	7:56	4:47	
19	Thu	3:18	6.5	11:39 AM	7.8	5:55	6.3	8:05	0.4	7:55	4:49	
20	Fri	4:06	7.1	12:17	7.7	7:29	6.6	8:41	0.0	7:54	4:50	
21	Sat	4:43	7.5	12:57	7.6	8:43	6.6	9:15	-0.2	7:53	4:52	
22	Sun	5:16	7.8	1:39	7.5	9:39	6.5	9:47	-0.4	7:52	4:53	
23	Mon	5:47	8.1	2:23	7.4	10:24	6.3	10:18	-0.4	7:51	4:55	
24	Tue	6:16	8.2	3:08	7.2	11:05	6.1	10:49	-0.2	7:50	4:57	
25	Wed	6:45	8.3	3:53	6.9	11:45	5.8	11:20	0.0	7:49	4:58	
26	Thu	7:10	8.2	4:40	6.6			12:27	5.4	7:48	5:00	
27	Fri	7:32	8.2	5:29	6.3			1:10	4.9	7:47	5:01	
28	Sat	7:49	8.1	6:25	5.9	12:25	1.1	1:54	4.3	7:45	5:03	
29	Sun	8:06	8.0	7:34	5.4	1:01	1.9	2:41	3.6	7:44	5:04	
30	Mon	8:26	8.0	9:11	5.2	1:39	2.8	3:30	2.8	7:43	5:06	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Tue	8:54	8.0	11:44	5.4	2:22	3.7	4:24	2.0	7:41	5:08	