

Upright Head, Lopez Island, WA - Mar 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	7:59	7.5	11:37	6.2	2:17	4.6	3:36	0.9	6:52	5:54	
2	Thu	8:40	7.4			3:13	5.3	4:38	0.4	6:50	5:56	
3	Fri	12:59	6.7	9:33 AM	7.3	4:26	5.9	5:44	0.1	6:48	5:58	
4	Sat	2:00	7.1	10:41 AM	7.2	6:04	6.0	6:49	-0.2	6:46	5:59	
5	Sun	2:50	7.5	12:01	7.1	7:35	5.7	7:48	-0.3	6:44	6:01	
6	Mon	3:32	7.8	1:21	7.0	8:39	5.1	8:41	-0.3	6:42	6:02	
7	Tue	4:09	7.9	2:36	7.0	9:30	4.4	9:30	0.1	6:40	6:04	
8	Wed	4:42	7.9	3:46	7.0	10:16	3.7	10:15	0.6	6:38	6:05	
9	Thu	5:13	7.9	4:49	7.0	10:59	2.9	10:57	1.3	6:36	6:07	
10	Fri	5:41	7.8	5:48	6.9	11:41	2.3	11:37	2.1	6:34	6:08	
11	Sat	6:07	7.6	6:47	6.6			12:23	1.8	6:32	6:10	
12	Sun	6:29	7.3	7:50	6.4	12:17	2.9	1:06	1.5	6:30	6:11	
13	Mon	6:50	7.1	9:00	6.2	12:56	3.7	1:50	1.3	6:28	6:13	
14	Tue	7:12	6.9	10:17	6.1	1:38	4.4	2:36	1.3	6:26	6:14	
15	Wed	7:37	6.6	11:36	6.2	2:23	4.9	3:24	1.3	6:24	6:16	
16	Thu	8:10	6.4			3:16	5.4	4:18	1.3	6:22	6:17	
17	Fri	12:45	6.4	8:55 AM	6.2	4:29	5.6	5:18	1.3	6:20	6:19	
18	Sat	1:38	6.6	9:58 AM	6.0	6:36	5.6	6:18	1.3	6:18	6:20	
19	Sun	2:22	6.8	11:21 AM	5.9	7:43	5.3	7:11	1.2	6:16	6:22	
20	Mon	2:58	6.9	12:43	5.9	8:25	4.9	7:57	1.2	6:14	6:23	
21	Tue	3:29	7.0	1:51	6.0	8:58	4.3	8:39	1.3	6:12	6:25	
22	Wed	3:55	7.1	2:52	6.2	9:29	3.7	9:18	1.4	6:09	6:26	
23	Thu	4:17	7.1	3:49	6.4	10:01	3.1	9:56	1.8	6:07	6:28	
24	Fri	4:36	7.1	4:42	6.6	10:33	2.4	10:35	2.2	6:05	6:29	
25	Sat	4:53	7.1	5:34	6.8	11:08	1.7	11:14	2.8	6:03	6:31	
26	Sun	5:11	7.1	6:29	6.8	11:46	1.1	11:55	3.4	6:01	6:32	
27	Mon	5:34	7.1	7:31	6.9			12:28	0.5	5:59	6:34	
28	Tue	6:01	7.1	8:43	6.9	12:40	4.1	1:14	0.1	5:57	6:35	
29	Wed	6:33	7.0	10:01	6.9	1:31	4.8	2:04	-0.1	5:55	6:37	
30	Thu	7:11	6.8	11:18	7.1	2:29	5.3	2:59	-0.2	5:53	6:38	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Fri	8:01	6.6			3:40	5.6	4:00	0.0	5:51	6:40	