

Upright Head, Lopez Island, WA - Jun 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:42	7.8	3:58	5.6	9:04	0.6	7:55	4.4	5:13	9:05	
2	Fri	2:08	7.6	5:01	6.2	9:41	-0.1	8:59	5.0	5:12	9:06	
3	Sat	2:31	7.5	5:53	6.8	10:16	-0.7	10:00	5.5	5:12	9:06	
4	Sun	2:54	7.3	6:38	7.3	10:48	-1.0	10:57	5.8	5:11	9:07	
5	Mon	3:20	7.1	7:19	7.6	11:19	-1.2	11:50	5.9	5:11	9:08	
6	Tue	3:48	6.9	7:59	7.8	11:50	-1.3			5:10	9:09	
7	Wed	4:20	6.7	8:39	7.9	12:42	6.0	12:21	-1.2	5:10	9:10	
8	Thu	4:52	6.5	9:18	7.9	1:39	6.0	12:53	-1.0	5:09	9:11	
9	Fri	5:25	6.1	9:55	7.9	2:47	5.9	1:27	-0.6	5:09	9:11	
10	Sat	5:59	5.7	10:29	7.8	3:58	5.6	2:02	-0.2	5:09	9:12	
11	Sun			11:00	7.7			2:39	0.4	5:09	9:13	
12	Mon			11:24	7.7			3:18	1.1	5:08	9:13	
13	Tue	9:18	4.1	11:44	7.6	6:42	3.9	4:00	1.8	5:08	9:14	
14	Wed	11:32	3.9			7:11	3.0	4:46	2.7	5:08	9:14	
15	Thu	12:05	7.6	2:08	4.4	7:41	2.1	5:43	3.6	5:08	9:15	
16	Fri	12:30	7.7	3:30	5.2	8:13	1.0	6:51	4.5	5:08	9:15	
17	Sat	1:01	7.8	4:34	6.1	8:50	-0.1	8:02	5.2	5:08	9:16	
18	Sun	1:36	7.9	5:28	7.0	9:29	-1.1	9:12	5.7	5:08	9:16	
19	Mon	2:14	7.9	6:15	7.7	10:11	-2.0	10:19	6.1	5:08	9:16	
20	Tue	2:57	7.9	7:01	8.3	10:54	-2.6	11:24	6.2	5:08	9:17	
21	Wed	3:44	7.8	7:45	8.6	11:39	-2.8			5:09	9:17	
22	Thu	4:35	7.5	8:29	8.8	12:28	6.1	12:24	-2.7	5:09	9:17	
23	Fri	5:29	7.0	9:12	8.8	1:35	5.9	1:10	-2.1	5:09	9:17	
24	Sat	6:27	6.4	9:53	8.7	2:46	5.3	1:56	-1.3	5:09	9:17	
25	Sun	7:33	5.6	10:32	8.5	3:56	4.6	2:43	-0.2	5:10	9:17	
26	Mon	9:02	4.8	11:09	8.3	5:03	3.7	3:28	1.1	5:10	9:17	
27	Tue	11:18	4.4	11:44	8.1	6:06	2.8	4:13	2.3	5:11	9:17	
28	Wed			1:19	4.6	7:04	1.8	5:01	3.5	5:11	9:17	
29	Thu	12:15	7.9	2:50	5.1	7:54	0.9	5:56	4.5	5:12	9:17	
30	Fri	12:44	7.8	4:05	5.8	8:37	0.2	7:07	5.3	5:12	9:17	