

Upright Head, Lopez Island, WA - Oct 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:49	6.2	5:07	7.0	10:37	2.2	11:16	2.0	7:10	6:51	
2	Mon	5:39	6.5	5:23	7.0	11:15	2.6	11:49	1.4	7:12	6:49	
3	Tue	6:28	6.7	5:41	7.0	11:53	3.2			7:13	6:47	
4	Wed	7:19	6.8	6:03	7.0	12:23	0.8	12:34	3.8	7:15	6:45	
5	Thu	8:16	6.9	6:29	6.9	1:02	0.4	1:17	4.4	7:16	6:43	
6	Fri	9:21	7.0	6:59	6.9	1:44	0.0	2:07	5.0	7:18	6:41	
7	Sat	10:33	7.1	7:35	6.7	2:32	-0.2	3:06	5.4	7:19	6:39	
8	Sun	11:46	7.2	8:21	6.4	3:24	-0.2	4:17	5.7	7:21	6:36	
9	Mon			12:50	7.4	4:22	-0.1	5:50	5.6	7:22	6:34	
10	Tue			1:42	7.6	5:24	0.2	7:27	5.1	7:24	6:32	
11	Wed			2:25	7.6	6:32	0.6	8:24	4.3	7:25	6:30	
12	Thu	12:57	5.7	3:02	7.7	7:38	1.0	9:10	3.3	7:27	6:28	
13	Fri	2:35	6.0	3:36	7.7	8:39	1.5	9:51	2.3	7:28	6:26	
14	Sat	3:52	6.4	4:07	7.6	9:34	2.1	10:30	1.4	7:30	6:25	
15	Sun	4:59	6.8	4:35	7.5	10:25	2.8	11:09	0.7	7:31	6:23	
16	Mon	5:58	7.1	5:01	7.4	11:13	3.4	11:47	0.1	7:33	6:21	
17	Tue	6:53	7.3	5:25	7.2	11:59	4.1			7:34	6:19	
18	Wed	7:47	7.4	5:48	7.0	12:24	-0.2	12:44	4.7	7:36	6:17	
19	Thu	8:43	7.5	6:12	6.8	1:02	-0.3	1:33	5.1	7:37	6:15	
20	Fri	9:40	7.4	6:36	6.5	1:40	-0.1	2:30	5.5	7:39	6:13	
21	Sat	10:38	7.4	7:03	6.2	2:21	0.1	3:40	5.7	7:40	6:11	
22	Sun	11:36	7.3	7:31	5.8	3:04	0.5	5:16	5.7	7:42	6:09	
23	Mon			12:30	7.3	3:50	0.9			7:43	6:07	
24	Tue			1:15	7.3	4:39	1.3			7:45	6:06	
25	Wed			1:52	7.3	5:34	1.8	8:33	4.3	7:46	6:04	
26	Thu	12:04	4.7	2:23	7.3	6:33	2.2	8:58	3.6	7:48	6:02	
27	Fri	2:03	5.0	2:47	7.3	7:31	2.6	9:22	2.9	7:50	6:00	
28	Sat	3:14	5.4	3:07	7.3	8:24	3.0	9:47	2.1	7:51	5:59	
29	Sun	3:14	5.9	2:25	7.3	8:13	3.4	9:15	1.3	6:53	4:57	
30	Mon	4:08	6.5	2:45	7.3	9:00	3.9	9:46	0.5	6:54	4:55	
31	Tue	4:58	7.0	3:09	7.4	9:46	4.3	10:19	-0.2	6:56	4:54	