

Upright Head, Lopez Island, WA - Jan 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	7:48	9.3	4:59	7.3			1:07	6.1	8:03	4:26	
2	Tue	8:28	9.3	6:00	6.6	12:31	-1.1	2:16	5.5	8:03	4:27	
3	Wed	9:06	9.1	7:16	5.8	1:17	-0.1	3:23	4.6	8:03	4:28	
4	Thu	9:43	8.9	9:09	5.1	2:02	1.1	4:29	3.7	8:03	4:29	
5	Fri	10:18	8.7	11:32	5.0	2:48	2.4	5:32	2.7	8:03	4:30	
6	Sat	10:51	8.6			3:35	3.7	6:27	1.7	8:03	4:31	
7	Sun	1:17	5.5	11:23 AM	8.4	4:28	4.8	7:16	0.9	8:02	4:32	
8	Mon	2:39	6.2	11:54 AM	8.3	5:37	5.8	7:59	0.2	8:02	4:34	
9	Tue	3:44	6.9	12:26	8.1	7:02	6.4	8:38	-0.3	8:01	4:35	
10	Wed	4:33	7.5	12:58	8.0	8:22	6.6	9:14	-0.6	8:01	4:36	
11	Thu	5:12	7.9	1:33	7.8	9:28	6.7	9:47	-0.7	8:01	4:37	
12	Fri	5:48	8.2	2:11	7.6	10:21	6.7	10:19	-0.7	8:00	4:39	
13	Sat	6:22	8.3	2:51	7.4	11:07	6.5	10:50	-0.6	7:59	4:40	
14	Sun	6:55	8.4	3:32	7.1	11:51	6.4	11:20	-0.3	7:59	4:41	
15	Mon	7:26	8.4	4:14	6.8			12:37	6.1	7:58	4:43	
16	Tue	7:56	8.3	4:57	6.4			1:24	5.7	7:57	4:44	
17	Wed	8:21	8.2	5:43	6.0	12:23	0.6	2:12	5.3	7:57	4:46	
18	Thu	8:42	8.1	6:39	5.5	12:56	1.3	2:57	4.8	7:56	4:47	
19	Fri	8:57	8.0	7:53	5.0	1:30	2.0	3:42	4.1	7:55	4:49	
20	Sat	9:14	7.9	9:45	4.7	2:06	2.9	4:29	3.3	7:54	4:50	
21	Sun	9:37	7.9			2:47	3.8	5:19	2.4	7:53	4:52	
22	Mon	12:39	5.1	10:07 AM	8.0	3:35	4.7	6:08	1.5	7:52	4:53	
23	Tue	2:06	5.9	10:45 AM	8.1	4:41	5.6	6:55	0.5	7:51	4:55	
24	Wed	3:09	6.7	11:30 AM	8.2	6:05	6.2	7:42	-0.4	7:50	4:56	
25	Thu	3:57	7.5	12:21	8.2	7:29	6.6	8:29	-1.2	7:49	4:58	
26	Fri	4:39	8.2	1:15	8.3	8:43	6.7	9:16	-1.7	7:48	4:59	
27	Sat	5:18	8.6	2:13	8.2	9:47	6.5	10:02	-1.8	7:47	5:01	
28	Sun	5:54	8.9	3:14	8.0	10:44	6.1	10:47	-1.6	7:46	5:02	
29	Mon	6:31	9.0	4:16	7.7	11:39	5.5	11:31	-1.0	7:44	5:04	
30	Tue	7:06	9.0	5:20	7.2			12:36	4.8	7:43	5:06	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Wed	7:40	8.8	6:28	6.5	12:15	-0.1	1:35	4.1	7:42	5:07	