

Upright Head, Lopez Island, WA - Aug 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed			1:13	4.6	5:52	2.0	4:18	4.2	5:45	8:50	
2	Thu			2:41	5.3	6:41	1.2	5:16	5.0	5:46	8:48	
3	Fri			3:45	6.0	7:30	0.4	6:34	5.6	5:48	8:47	
4	Sat	12:05	7.4	4:35	6.7	8:18	-0.4	7:58	6.0	5:49	8:45	
5	Sun	12:56	7.5	5:16	7.3	9:04	-1.2	9:12	6.0	5:50	8:44	
6	Mon	1:50	7.6	5:54	7.8	9:51	-1.7	10:17	5.8	5:52	8:42	
7	Tue	2:48	7.6	6:29	8.1	10:37	-1.9	11:14	5.4	5:53	8:40	
8	Wed	3:50	7.4	7:03	8.2	11:22	-1.8			5:54	8:39	
9	Thu	4:54	7.2	7:37	8.2	12:07	4.8	12:07	-1.3	5:56	8:37	
10	Fri	5:59	6.8	8:09	8.1	1:01	4.1	12:52	-0.5	5:57	8:36	
11	Sat	7:07	6.4	8:41	8.0	1:57	3.4	1:37	0.6	5:59	8:34	
12	Sun	8:27	5.8	9:12	7.8	2:56	2.6	2:22	1.7	6:00	8:32	
13	Mon	10:05	5.4	9:44	7.6	3:55	1.9	3:08	2.9	6:01	8:30	
14	Tue	11:52	5.4	10:17	7.5	4:55	1.2	3:56	4.0	6:03	8:29	
15	Wed			1:28	5.7	5:57	0.7	4:51	4.9	6:04	8:27	
16	Thu			2:46	6.2	6:59	0.3	6:07	5.6	6:06	8:25	
17	Fri			3:48	6.6	7:55	0.0	7:55	5.8	6:07	8:23	
18	Sat	12:29	6.9	4:37	6.9	8:45	-0.3	9:13	5.8	6:08	8:21	
19	Sun	1:23	6.8	5:16	7.2	9:28	-0.3	10:08	5.6	6:10	8:20	
20	Mon	2:16	6.7	5:50	7.3	10:07	-0.3	10:51	5.3	6:11	8:18	
21	Tue	3:06	6.5	6:20	7.4	10:42	-0.2	11:27	4.9	6:12	8:16	
22	Wed	3:56	6.4	6:47	7.4	11:14	0.0			6:14	8:14	
23	Thu	4:44	6.3	7:13	7.3	12:01	4.6	11:45 AM	0.3	6:15	8:12	
24	Fri	5:30	6.1	7:34	7.2	12:34	4.2	12:16	0.8	6:17	8:10	
25	Sat	6:15	5.9	7:50	7.0	1:08	3.7	12:47	1.3	6:18	8:08	
26	Sun	7:03	5.7	8:03	6.9	1:45	3.3	1:20	2.0	6:19	8:06	
27	Mon	7:58	5.4	8:18	6.8	2:25	2.9	1:55	2.7	6:21	8:04	
28	Tue	9:07	5.2	8:39	6.8	3:07	2.4	2:33	3.4	6:22	8:02	
29	Wed	10:49	5.2	9:07	6.8	3:52	1.9	3:17	4.2	6:24	8:00	
30	Thu			12:47	5.5	4:42	1.4	4:09	4.9	6:25	7:58	
31	Fri			2:06	6.0	5:38	0.8	5:15	5.4	6:26	7:56	