

## Upright Head, Lopez Island, WA - Sep 1979

| Date |     | High  |     |       |     | Low   |      |       |     |  |      |    |
|------|-----|-------|-----|-------|-----|-------|------|-------|-----|-------------------------------------------------------------------------------------|------|---------------------------------------------------------------------------------------|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM    | ft  | Rise                                                                                | Set  | Moon                                                                                  |
| 1    | Sat |       |     | 3:03  | 6.5 | 6:38  | 0.3  | 6:41  | 5.7 | 6:28                                                                                | 7:54 |    |
| 2    | Sun |       |     | 3:49  | 7.0 | 7:37  | -0.2 | 8:07  | 5.6 | 6:29                                                                                | 7:52 |    |
| 3    | Mon | 12:39 | 6.9 | 4:29  | 7.4 | 8:33  | -0.6 | 9:12  | 5.2 | 6:31                                                                                | 7:50 |    |
| 4    | Tue | 1:51  | 7.0 | 5:05  | 7.6 | 9:25  | -0.8 | 10:07 | 4.6 | 6:32                                                                                | 7:48 |    |
| 5    | Wed | 3:02  | 7.1 | 5:38  | 7.8 | 10:15 | -0.7 | 10:56 | 3.9 | 6:33                                                                                | 7:46 |    |
| 6    | Thu | 4:13  | 7.1 | 6:09  | 7.8 | 11:03 | -0.3 | 11:43 | 3.0 | 6:35                                                                                | 7:44 |    |
| 7    | Fri | 5:22  | 7.1 | 6:38  | 7.7 | 11:50 | 0.3  |       |     | 6:36                                                                                | 7:42 |    |
| 8    | Sat | 6:30  | 7.0 | 7:07  | 7.6 | 12:31 | 2.2  | 12:35 | 1.3 | 6:38                                                                                | 7:40 |    |
| 9    | Sun | 7:39  | 6.8 | 7:36  | 7.5 | 1:21  | 1.5  | 1:21  | 2.3 | 6:39                                                                                | 7:38 |    |
| 10   | Mon | 8:55  | 6.5 | 8:05  | 7.3 | 2:12  | 1.0  | 2:09  | 3.3 | 6:40                                                                                | 7:36 |    |
| 11   | Tue | 10:17 | 6.3 | 8:36  | 7.0 | 3:06  | 0.6  | 3:00  | 4.2 | 6:42                                                                                | 7:34 |    |
| 12   | Wed | 11:43 | 6.3 | 9:10  | 6.7 | 4:02  | 0.5  | 3:57  | 4.9 | 6:43                                                                                | 7:31 |   |
| 13   | Thu |       |     | 1:04  | 6.5 | 5:01  | 0.5  | 5:11  | 5.4 | 6:45                                                                                | 7:29 |  |
| 14   | Fri |       |     | 2:10  | 6.7 | 6:04  | 0.5  | 7:06  | 5.5 | 6:46                                                                                | 7:27 |  |
| 15   | Sat |       |     | 3:02  | 6.9 | 7:07  | 0.6  | 8:27  | 5.3 | 6:47                                                                                | 7:25 |  |
| 16   | Sun | 12:09 | 5.9 | 3:46  | 7.0 | 8:03  | 0.7  | 9:19  | 5.0 | 6:49                                                                                | 7:23 |  |
| 17   | Mon | 1:32  | 5.9 | 4:22  | 7.1 | 8:51  | 0.7  | 9:58  | 4.5 | 6:50                                                                                | 7:21 |  |
| 18   | Tue | 2:37  | 5.9 | 4:54  | 7.1 | 9:33  | 0.9  | 10:30 | 4.1 | 6:52                                                                                | 7:19 |  |
| 19   | Wed | 3:34  | 6.0 | 5:21  | 7.1 | 10:10 | 1.1  | 10:59 | 3.6 | 6:53                                                                                | 7:17 |  |
| 20   | Thu | 4:27  | 6.1 | 5:44  | 7.0 | 10:45 | 1.4  | 11:27 | 3.1 | 6:54                                                                                | 7:15 |  |
| 21   | Fri | 5:15  | 6.2 | 6:03  | 6.9 | 11:18 | 1.8  | 11:55 | 2.6 | 6:56                                                                                | 7:12 |  |
| 22   | Sat | 6:00  | 6.3 | 6:17  | 6.8 | 11:51 | 2.2  |       |     | 6:57                                                                                | 7:10 |  |
| 23   | Sun | 6:45  | 6.3 | 6:29  | 6.7 | 12:26 | 2.1  | 12:25 | 2.8 | 6:59                                                                                | 7:08 |  |
| 24   | Mon | 7:33  | 6.3 | 6:45  | 6.7 | 12:59 | 1.7  | 1:01  | 3.4 | 7:00                                                                                | 7:06 |  |
| 25   | Tue | 8:29  | 6.2 | 7:06  | 6.6 | 1:35  | 1.3  | 1:40  | 4.0 | 7:02                                                                                | 7:04 |  |
| 26   | Wed | 9:36  | 6.2 | 7:31  | 6.5 | 2:15  | 1.0  | 2:25  | 4.6 | 7:03                                                                                | 7:02 |  |
| 27   | Thu | 10:58 | 6.3 | 8:01  | 6.5 | 3:00  | 0.8  | 3:17  | 5.1 | 7:04                                                                                | 7:00 |  |
| 28   | Fri |       |     | 12:19 | 6.6 | 3:51  | 0.5  | 4:21  | 5.5 | 7:06                                                                                | 6:58 |  |
| 29   | Sat |       |     | 1:24  | 6.9 | 4:47  | 0.4  | 5:43  | 5.7 | 7:07                                                                                | 6:56 |  |
| 30   | Sun |       |     | 2:14  | 7.2 | 5:49  | 0.3  | 7:21  | 5.4 | 7:09                                                                                | 6:53 |  |