

Upright Head, Lopez Island, WA - Mar 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	5:32	7.7	3:47	6.6	10:53	4.6	10:37	0.8	6:51	5:55	
2	Sun	5:56	7.6	4:34	6.5	11:24	4.2	11:08	1.2	6:49	5:57	
3	Mon	6:18	7.4	5:19	6.3	11:55	3.7	11:39	1.8	6:47	5:58	
4	Tue	6:34	7.2	6:05	6.1			12:28	3.3	6:45	6:00	
5	Wed	6:45	7.1	6:57	5.9	12:12	2.4	1:04	2.8	6:43	6:01	
6	Thu	6:58	7.0	8:00	5.8	12:45	3.1	1:43	2.4	6:41	6:03	
7	Fri	7:16	6.9	9:26	5.7	1:22	3.8	2:26	2.0	6:39	6:05	
8	Sat	7:40	6.8	11:17	5.8	2:03	4.5	3:12	1.6	6:37	6:06	
9	Sun	8:10	6.8			2:52	5.1	4:04	1.2	6:35	6:08	
10	Mon	12:43	6.2	8:50 AM	6.8	3:53	5.7	5:03	0.8	6:33	6:09	
11	Tue	1:44	6.7	9:46 AM	6.7	5:18	6.0	6:05	0.3	6:31	6:11	
12	Wed	2:31	7.1	10:59 AM	6.7	6:54	5.9	7:04	0.0	6:29	6:12	
13	Thu	3:11	7.5	12:18	6.7	8:02	5.6	7:59	-0.3	6:27	6:14	
14	Fri	3:46	7.7	1:34	6.9	8:52	4.9	8:50	-0.3	6:25	6:15	
15	Sat	4:17	7.9	2:49	7.0	9:38	4.1	9:40	0.0	6:23	6:17	
16	Sun	4:47	7.9	4:00	7.2	10:22	3.2	10:27	0.6	6:21	6:18	
17	Mon	5:14	7.9	5:08	7.2	11:07	2.3	11:13	1.4	6:19	6:20	
18	Tue	5:41	7.8	6:16	7.2	11:54	1.4			6:17	6:21	
19	Wed	6:08	7.6	7:27	7.0	12:00	2.4	12:42	0.8	6:15	6:23	
20	Thu	6:35	7.5	8:45	6.9	12:48	3.4	1:34	0.3	6:13	6:24	
21	Fri	7:05	7.3	10:07	6.8	1:39	4.3	2:27	0.2	6:10	6:26	
22	Sat	7:38	7.0	11:30	6.9	2:35	5.1	3:24	0.2	6:08	6:27	
23	Sun	8:16	6.6			3:45	5.6	4:24	0.3	6:06	6:29	
24	Mon	12:41	7.0	9:07 AM	6.2	5:38	5.7	5:30	0.5	6:04	6:30	
25	Tue	1:38	7.1	10:23 AM	5.9	7:15	5.5	6:34	0.7	6:02	6:32	
26	Wed	2:25	7.2	12:08	5.7	8:12	5.1	7:29	0.9	6:00	6:33	
27	Thu	3:04	7.2	1:29	5.8	8:53	4.5	8:16	1.1	5:58	6:35	
28	Fri	3:37	7.2	2:33	5.9	9:26	4.0	8:58	1.4	5:56	6:36	
29	Sat	4:05	7.1	3:29	6.1	9:55	3.5	9:35	1.7	5:54	6:38	
30	Sun	4:29	7.1	4:19	6.2	10:22	2.9	10:10	2.1	5:52	6:39	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Mon	4:48	6.9	5:05	6.3	10:48	2.4	10:43	2.6	5:50	6:41	