

Upright Head, Lopez Island, WA - Mar 1981

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	2:48	6.8	10:33 AM	6.8	6:17	6.3	7:05	0.4	6:52	5:55	
2	Mon	3:29	7.2	11:38 AM	6.8	7:48	6.2	7:53	0.0	6:50	5:56	
3	Tue	4:04	7.6	12:44	6.9	8:44	5.9	8:38	-0.3	6:48	5:58	
4	Wed	4:34	7.8	1:49	7.0	9:27	5.5	9:21	-0.4	6:46	6:00	
5	Thu	5:01	7.9	2:54	7.0	10:07	4.9	10:04	-0.3	6:44	6:01	
6	Fri	5:27	8.0	3:58	7.1	10:47	4.2	10:46	0.2	6:42	6:03	
7	Sat	5:50	7.9	5:02	7.0	11:29	3.3	11:28	0.9	6:40	6:04	
8	Sun	6:12	7.8	6:08	6.9			12:14	2.5	6:38	6:06	
9	Mon	6:35	7.7	7:22	6.7	12:11	1.9	1:03	1.6	6:36	6:07	
10	Tue	7:00	7.6	8:50	6.5	12:57	3.0	1:55	0.9	6:34	6:09	
11	Wed	7:28	7.5	10:27	6.5	1:45	4.1	2:50	0.4	6:32	6:10	
12	Thu	8:01	7.4			2:39	5.0	3:49	0.1	6:30	6:12	
13	Fri	12:01	6.8	8:41 AM	7.1	3:44	5.8	4:55	0.0	6:28	6:13	
14	Sat	1:16	7.1	9:33 AM	6.9	5:26	6.2	6:03	-0.1	6:26	6:15	
15	Sun	2:15	7.4	10:47 AM	6.6	7:22	6.0	7:06	-0.1	6:23	6:16	
16	Mon	3:03	7.6	12:17	6.4	8:27	5.6	8:01	0.1	6:21	6:18	
17	Tue	3:42	7.6	1:38	6.3	9:14	5.0	8:49	0.3	6:19	6:19	
18	Wed	4:16	7.6	2:46	6.3	9:52	4.4	9:31	0.6	6:17	6:21	
19	Thu	4:45	7.6	3:46	6.4	10:26	3.8	10:09	1.1	6:15	6:22	
20	Fri	5:11	7.4	4:39	6.4	10:57	3.3	10:44	1.6	6:13	6:24	
21	Sat	5:32	7.2	5:27	6.4	11:26	2.7	11:17	2.2	6:11	6:25	
22	Sun	5:48	7.0	6:16	6.3	11:57	2.3	11:51	2.9	6:09	6:27	
23	Mon	6:00	6.8	7:08	6.3			12:29	1.9	6:07	6:28	
24	Tue	6:11	6.7	8:07	6.2	12:26	3.6	1:04	1.5	6:05	6:30	
25	Wed	6:27	6.5	9:18	6.1	1:04	4.2	1:42	1.3	6:03	6:31	
26	Thu	6:47	6.4	10:40	6.2	1:46	4.8	2:25	1.1	6:01	6:33	
27	Fri	7:11	6.3	11:59	6.4	2:36	5.3	3:12	1.0	5:58	6:34	
28	Sat	7:41	6.2			3:36	5.7	4:04	0.8	5:56	6:36	
29	Sun	1:00	6.7	8:27 AM	6.1	5:08	5.9	5:04	0.7	5:54	6:37	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
30	Mon	1:48	7.0	9:46 AM	5.9	7:15	5.7	6:05	0.6	5:52	6:39	
31	Tue	2:26	7.2	11:20 AM	5.8	7:57	5.3	7:03	0.5	5:50	6:40	