

Upright Head, Lopez Island, WA - Mar 1986

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	7:05	7.8	9:58	6.2	1:11	3.9	2:28	0.7	6:52	5:55	
2	Sun	7:27	7.8	11:57	6.6	1:54	5.2	3:22	0.0	6:50	5:56	
3	Mon	7:54	7.8			2:42	6.2	4:24	-0.5	6:48	5:58	
4	Tue	1:31	7.2	8:28 AM	7.7	3:47	7.0	5:32	-0.8	6:46	5:59	
5	Wed	2:37	7.7	9:18 AM	7.5	6:17	7.3	6:40	-1.0	6:44	6:01	
6	Thu	3:24	8.0	10:40 AM	7.2	8:20	7.0	7:41	-1.0	6:42	6:02	
7	Fri	4:00	8.1	12:18	6.9	9:11	6.4	8:35	-0.9	6:40	6:04	
8	Sat	4:31	8.2	1:45	6.8	9:50	5.7	9:22	-0.5	6:38	6:05	
9	Sun	4:58	8.1	3:03	6.6	10:26	4.9	10:03	0.1	6:36	6:07	
10	Mon	5:23	7.9	4:12	6.5	11:01	4.0	10:40	0.9	6:34	6:08	
11	Tue	5:43	7.7	5:12	6.4	11:34	3.3	11:14	1.7	6:32	6:10	
12	Wed	6:00	7.5	6:10	6.3			12:07	2.5	6:30	6:11	
13	Thu	6:11	7.2	7:11	6.2			12:41	1.9	6:28	6:13	
14	Fri	6:18	7.1	8:20	6.1	12:20	3.6	1:16	1.5	6:26	6:15	
15	Sat	6:27	6.9	9:41	6.1	12:55	4.4	1:54	1.1	6:24	6:16	
16	Sun	6:40	6.9	11:14	6.2	1:31	5.2	2:35	0.9	6:22	6:18	
17	Mon	6:55	6.8			2:13	5.8	3:23	0.8	6:20	6:19	
18	Tue	12:42	6.5	7:05 AM	6.7	3:05	6.3	4:17	0.7	6:18	6:21	
19	Wed	1:48	6.9					5:19	0.5	6:16	6:22	
20	Thu	2:34	7.2					6:21	0.4	6:13	6:24	
21	Fri	3:08	7.4					7:16	0.2	6:11	6:25	
22	Sat	3:36	7.5	12:07	6.1	9:04	5.7	8:03	0.2	6:09	6:27	
23	Sun	3:59	7.6	1:31	6.2	9:23	5.0	8:48	0.3	6:07	6:28	
24	Mon	4:18	7.6	2:48	6.3	9:49	4.1	9:30	0.8	6:05	6:29	
25	Tue	4:33	7.5	4:00	6.6	10:19	3.0	10:12	1.5	6:03	6:31	
26	Wed	4:46	7.4	5:08	6.8	10:54	1.9	10:54	2.4	6:01	6:32	
27	Thu	4:59	7.4	6:15	7.0	11:32	0.8	11:36	3.5	5:59	6:34	
28	Fri	5:15	7.4	7:29	7.2			12:14	-0.1	5:57	6:35	
29	Sat	5:35	7.4	8:50	7.3	12:21	4.6	1:00	-0.8	5:55	6:37	
30	Sun	5:58	7.5	10:18	7.4	1:10	5.6	1:51	-1.2	5:53	6:38	

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31	Mon	6:22	7.4	11:44	7.6	2:08	6.4	2:47	-1.3	5:51	6:40	