

Upright Head, Lopez Island, WA - Mar 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	7:54	7.3					5:12	0.3	6:52	5:55	
2	Thu	2:51	7.2	8:31 AM	7.3	4:51	7.1	6:14	-0.2	6:50	5:57	
3	Fri	3:23	7.6	10:00 AM	7.2	7:35	7.1	7:12	-0.6	6:48	5:58	
4	Sat	3:50	7.9	11:40 AM	7.1	8:30	6.6	8:04	-0.8	6:46	6:00	
5	Sun	4:14	8.0	1:08	7.0	9:09	5.9	8:53	-0.7	6:44	6:01	
6	Mon	4:36	8.0	2:30	7.1	9:47	4.9	9:39	-0.3	6:42	6:03	
7	Tue	4:56	8.0	3:50	7.1	10:27	3.8	10:23	0.5	6:40	6:04	
8	Wed	5:14	7.9	5:04	7.1	11:08	2.5	11:07	1.7	6:38	6:06	
9	Thu	5:31	7.9	6:18	7.1	11:52	1.3	11:49	2.9	6:36	6:07	
10	Fri	5:49	7.9	7:37	7.0			12:39	0.3	6:34	6:09	
11	Sat	6:10	7.8	9:03	6.9	12:33	4.2	1:29	-0.3	6:32	6:10	
12	Sun	6:33	7.8	10:37	7.0	1:18	5.3	2:23	-0.6	6:30	6:12	
13	Mon	6:59	7.7			2:07	6.2	3:21	-0.7	6:27	6:13	
14	Tue	12:10	7.2	7:28 AM	7.4	3:08	6.7	4:25	-0.5	6:25	6:15	
15	Wed	1:24	7.4	8:02 AM	7.0	5:41	6.9	5:34	-0.2	6:23	6:16	
16	Thu	2:18	7.5					6:40	0.0	6:21	6:18	
17	Fri	2:58	7.6	11:03 AM	6.1	8:39	5.9	7:36	0.3	6:19	6:19	
18	Sat	3:30	7.5	12:57	6.0	9:11	5.3	8:23	0.6	6:17	6:21	
19	Sun	3:56	7.5	2:17	6.0	9:40	4.6	9:03	1.0	6:15	6:22	
20	Mon	4:18	7.4	3:23	6.1	10:06	3.8	9:38	1.6	6:13	6:24	
21	Tue	4:37	7.2	4:20	6.2	10:31	3.1	10:11	2.2	6:11	6:25	
22	Wed	4:50	7.1	5:12	6.3	10:56	2.4	10:43	2.8	6:09	6:27	
23	Thu	4:58	6.9	6:02	6.4	11:22	1.7	11:15	3.5	6:07	6:28	
24	Fri	5:03	6.8	6:54	6.5	11:50	1.2	11:48	4.2	6:05	6:30	
25	Sat	5:13	6.8	7:53	6.5			12:22	0.7	6:02	6:31	
26	Sun	5:26	6.8	9:02	6.5	12:23	4.9	12:58	0.4	6:00	6:33	
27	Mon	5:41	6.8	10:24	6.7	1:02	5.6	1:39	0.2	5:58	6:34	
28	Tue	5:54	6.9	11:48	6.9	1:47	6.1	2:26	0.0	5:56	6:36	
29	Wed	6:01	6.9			2:45	6.5	3:18	-0.1	5:54	6:37	

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		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
30	Thu	12:51	7.2					4:17	-0.1	5:52	6:39	
31	Fri	1:35	7.4					5:21	-0.1	5:50	6:40	