

Upright Head, Lopez Island, WA - Mar 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	6:30	7.9	9:08	6.5	12:40	3.9	1:46	0.4	6:52	5:55	
2	Fri	6:54	7.9	10:54	6.7	1:22	5.0	2:41	-0.2	6:50	5:56	
3	Sat	7:22	7.9			2:09	6.0	3:40	-0.5	6:48	5:58	
4	Sun	12:33	7.0	7:56 AM	7.8	3:06	6.7	4:46	-0.6	6:46	5:59	
5	Mon	1:48	7.4	8:43 AM	7.5	4:40	7.1	5:57	-0.6	6:44	6:01	
6	Tue	2:40	7.7	9:57 AM	7.1	7:31	6.9	7:02	-0.6	6:42	6:02	
7	Wed	3:20	7.8	11:39 AM	6.7	8:34	6.3	7:59	-0.4	6:40	6:04	
8	Thu	3:52	7.9	1:16	6.5	9:17	5.5	8:47	0.0	6:38	6:05	
9	Fri	4:20	7.8	2:37	6.5	9:54	4.7	9:29	0.5	6:36	6:07	
10	Sat	4:44	7.7	3:46	6.4	10:28	3.9	10:07	1.2	6:34	6:08	
11	Sun	5:05	7.6	4:46	6.4	10:59	3.1	10:41	2.0	6:32	6:10	
12	Mon	5:22	7.4	5:40	6.4	11:29	2.4	11:13	2.7	6:30	6:12	
13	Tue	5:33	7.2	6:34	6.4			12:00	1.8	6:28	6:13	
14	Wed	5:42	7.1	7:32	6.3			12:32	1.3	6:26	6:15	
15	Thu	5:52	7.0	8:39	6.3	12:18	4.3	1:07	1.0	6:24	6:16	
16	Fri	6:07	6.9	9:58	6.3	12:53	5.0	1:47	0.8	6:22	6:18	
17	Sat	6:24	6.9	11:28	6.4	1:31	5.6	2:31	0.7	6:20	6:19	
18	Sun	6:41	6.8			2:15	6.1	3:20	0.6	6:18	6:21	
19	Mon	12:47	6.7	6:54 AM	6.8	3:14	6.4	4:16	0.6	6:16	6:22	
20	Tue	1:41	6.9					5:18	0.5	6:13	6:24	
21	Wed	2:20	7.2					6:18	0.4	6:11	6:25	
22	Thu	2:49	7.3	11:04 AM	6.0	8:20	5.8	7:12	0.4	6:09	6:27	
23	Fri	3:13	7.4	12:43	6.0	8:40	5.0	8:02	0.6	6:07	6:28	
24	Sat	3:33	7.4	2:09	6.2	9:08	4.0	8:48	1.0	6:05	6:30	
25	Sun	3:49	7.4	3:28	6.6	9:40	2.9	9:34	1.7	6:03	6:31	
26	Mon	4:04	7.4	4:39	6.9	10:16	1.7	10:19	2.6	6:01	6:33	
27	Tue	4:20	7.4	5:46	7.2	10:55	0.5	11:03	3.6	5:59	6:34	
28	Wed	4:39	7.5	6:54	7.4	11:37	-0.5	11:49	4.6	5:57	6:35	
29	Thu	5:02	7.6	8:07	7.5			12:23	-1.2	5:55	6:37	

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30	Fri	5:28	7.6	9:26	7.6	12:37	5.5	1:13	-1.5	5:53	6:38	
31	Sat	5:57	7.5	10:46	7.6	1:32	6.2	2:08	-1.5	5:50	6:40	