

Upright Head, Lopez Island, WA - Jul 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun			11:37	7.6	7:31	1.0			5:13	9:17	
2	Mon			11:56	7.5	8:09	0.3			5:14	9:17	
3	Tue					8:44	-0.4			5:14	9:16	
4	Wed	12:23	7.5	6:05	7.2	9:19	-0.9	8:47	6.9	5:15	9:16	
5	Thu	12:56	7.5	6:36	7.6	9:54	-1.3	10:15	7.1	5:16	9:15	
6	Fri	1:34	7.4	7:07	7.9	10:29	-1.6	11:20	7.0	5:17	9:15	
7	Sat	2:13	7.3	7:38	8.1	11:03	-1.8			5:17	9:15	
8	Sun	2:55	7.2	8:08	8.3	12:12	6.9	11:36 AM	-1.8	5:18	9:14	
9	Mon	3:41	6.9	8:35	8.3	1:02	6.7	12:09	-1.6	5:19	9:13	
10	Tue	4:33	6.5	8:59	8.3	1:51	6.3	12:42	-1.2	5:20	9:13	
11	Wed	5:32	6.0	9:18	8.2	2:38	5.7	1:16	-0.6	5:21	9:12	
12	Thu	6:37	5.4	9:31	8.0	3:19	4.9	1:51	0.3	5:22	9:11	
13	Fri	7:56	4.8	9:42	8.0	4:00	3.9	2:27	1.4	5:23	9:11	
14	Sat	9:43	4.4	9:57	8.0	4:43	2.7	3:05	2.7	5:24	9:10	
15	Sun			12:35	4.6	5:30	1.5	3:45	4.1	5:25	9:09	
16	Mon			2:41	5.5	6:22	0.2	4:30	5.4	5:26	9:08	
17	Tue			11:25	8.3	7:16	-0.9			5:27	9:07	
18	Wed			5:08	7.4	8:09	-1.8	7:21	7.2	5:28	9:06	
19	Thu	12:11	8.3	5:49	8.0	9:02	-2.5	9:05	7.5	5:29	9:05	
20	Fri	1:06	8.3	6:25	8.4	9:52	-2.9	10:30	7.3	5:30	9:04	
21	Sat	2:05	8.0	6:59	8.6	10:41	-2.9	11:35	6.8	5:32	9:03	
22	Sun	3:08	7.7	7:32	8.6	11:26	-2.6			5:33	9:02	
23	Mon	4:14	7.2	8:03	8.5	12:31	6.2	12:08	-1.9	5:34	9:01	
24	Tue	5:20	6.6	8:31	8.3	1:26	5.4	12:46	-1.0	5:35	9:00	
25	Wed	6:26	5.9	8:57	8.0	2:19	4.6	1:22	0.2	5:37	8:59	
26	Thu	7:37	5.3	9:18	7.8	3:11	3.7	1:56	1.4	5:38	8:57	
27	Fri	9:10	4.7	9:33	7.6	3:59	2.9	2:28	2.6	5:39	8:56	
28	Sat	11:10	4.6	9:44	7.4	4:46	2.2	2:58	3.7	5:40	8:55	
29	Sun			1:13	4.9	5:34	1.5	3:26	4.7	5:42	8:53	
30	Mon			10:18	7.3	6:24	0.9			5:43	8:52	
31	Tue			10:48	7.3	7:14	0.4			5:44	8:51	