

Upright Head, Lopez Island, WA - Mar 1991

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	5:28	8.0	5:01	6.8	11:18	3.1	11:05	1.5	6:53	5:54	
2	Sat	5:49	7.9	6:04	6.6	11:58	2.3	11:41	2.5	6:51	5:56	
3	Sun	6:07	7.7	7:09	6.4			12:39	1.7	6:49	5:57	
4	Mon	6:21	7.5	8:19	6.2	12:17	3.5	1:20	1.2	6:47	5:59	
5	Tue	6:36	7.4	9:39	6.1	12:52	4.4	2:03	1.0	6:45	6:00	
6	Wed	6:53	7.2	11:09	6.2	1:27	5.2	2:48	0.9	6:43	6:02	
7	Thu	7:14	7.1			2:06	5.8	3:38	0.8	6:41	6:04	
8	Fri	12:38	6.4	7:40 AM	6.9	2:52	6.2	4:35	0.8	6:39	6:05	
9	Sat	1:45	6.7	8:15 AM	6.8	4:04	6.5	5:38	0.8	6:37	6:07	
10	Sun	2:31	6.9					6:37	0.7	6:35	6:08	
11	Mon	3:05	7.1	10:50 AM	6.3	8:19	6.1	7:27	0.6	6:33	6:10	
12	Tue	3:33	7.2	12:22	6.2	8:49	5.6	8:10	0.6	6:31	6:11	
13	Wed	3:56	7.3	1:39	6.2	9:17	4.9	8:50	0.8	6:28	6:13	
14	Thu	4:16	7.3	2:49	6.3	9:44	4.2	9:27	1.2	6:26	6:14	
15	Fri	4:32	7.3	3:53	6.5	10:13	3.3	10:05	1.7	6:24	6:16	
16	Sat	4:43	7.3	4:53	6.6	10:45	2.4	10:42	2.4	6:22	6:17	
17	Sun	4:54	7.2	5:53	6.8	11:20	1.5	11:20	3.3	6:20	6:19	
18	Mon	5:08	7.3	6:56	6.9	11:58	0.6			6:18	6:20	
19	Tue	5:28	7.4	8:10	6.9	12:00	4.2	12:40	-0.1	6:16	6:22	
20	Wed	5:51	7.4	9:33	7.0	12:43	5.1	1:28	-0.5	6:14	6:23	
21	Thu	6:18	7.5	11:02	7.1	1:32	5.8	2:22	-0.8	6:12	6:25	
22	Fri	6:51	7.4			2:30	6.4	3:20	-0.8	6:10	6:26	
23	Sat	12:19	7.4	7:34 AM	7.1	3:49	6.7	4:25	-0.6	6:08	6:28	
24	Sun	1:15	7.6	8:46 AM	6.6	6:18	6.5	5:34	-0.3	6:06	6:29	
25	Mon	1:59	7.7	10:34 AM	6.2	7:35	5.8	6:41	0.0	6:03	6:31	
26	Tue	2:34	7.7	12:36	6.0	8:20	4.8	7:41	0.5	6:01	6:32	
27	Wed	3:05	7.6	2:12	6.1	9:00	3.8	8:33	1.2	5:59	6:34	
28	Thu	3:32	7.6	3:30	6.4	9:37	2.7	9:20	1.9	5:57	6:35	
29	Fri	3:56	7.5	4:36	6.6	10:12	1.7	10:04	2.7	5:55	6:37	

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		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
30	Sat	4:16	7.3	5:34	6.8	10:47	0.9	10:44	3.5	5:53	6:38	○
31	Sun	4:32	7.2	6:29	6.9	11:21	0.3	11:23	4.3	5:51	6:40	○