






Upright Head, Lopez Island, WA - Jan 1995

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|----------|-----|-------|-----|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sun | 5:52 | 9.0 | 2:37 | 8.3 | 10:26 | 6.8 | 10:33 | -2.1 | 8:03 | 4:26 | ☀ |
| 2 | Mon | 6:32 | 9.2 | 3:33 | 7.9 | 11:28 | 6.5 | 11:16 | -1.7 | 8:03 | 4:27 | ☀ |
| 3 | Tue | 7:11 | 9.2 | 4:29 | 7.3 | | | 12:30 | 6.0 | 8:03 | 4:28 | ☀ |
| 4 | Wed | 7:49 | 9.1 | 5:26 | 6.6 | | | 1:33 | 5.4 | 8:03 | 4:29 | ☀ |
| 5 | Thu | 8:25 | 8.9 | 6:29 | 5.9 | 12:38 | 0.0 | 2:35 | 4.7 | 8:03 | 4:30 | ☀ |
| 6 | Fri | 8:58 | 8.7 | 7:51 | 5.2 | 1:17 | 1.1 | 3:35 | 4.0 | 8:02 | 4:31 | ☀ |
| 7 | Sat | 9:28 | 8.5 | 9:59 | 4.8 | 1:53 | 2.3 | 4:33 | 3.3 | 8:02 | 4:33 | ☀ |
| 8 | Sun | 9:54 | 8.2 | | | 2:29 | 3.4 | 5:28 | 2.6 | 8:02 | 4:34 | ☀ |
| 9 | Mon | 12:03 | 4.9 | 10:17 AM | 8.1 | 3:05 | 4.4 | 6:18 | 1.9 | 8:01 | 4:35 | ☀ |
| 10 | Tue | 1:38 | 5.5 | 10:39 AM | 8.0 | 3:46 | 5.3 | 7:02 | 1.2 | 8:01 | 4:36 | ☀ |
| 11 | Wed | 2:55 | 6.1 | 11:08 AM | 7.9 | 4:46 | 6.0 | 7:41 | 0.7 | 8:00 | 4:38 | ☀ |
| 12 | Thu | 3:49 | 6.8 | 11:43 AM | 7.8 | 6:17 | 6.5 | 8:16 | 0.2 | 8:00 | 4:39 | ☀ |
| 13 | Fri | 4:28 | 7.3 | 12:23 | 7.8 | 7:46 | 6.8 | 8:51 | -0.2 | 7:59 | 4:40 | ☀ |
| 14 | Sat | 5:01 | 7.7 | 1:04 | 7.7 | 8:57 | 6.8 | 9:24 | -0.5 | 7:59 | 4:42 | ☀ |
| 15 | Sun | 5:33 | 8.0 | 1:48 | 7.6 | 9:52 | 6.7 | 9:56 | -0.6 | 7:58 | 4:43 | ☀ |
| 16 | Mon | 6:03 | 8.3 | 2:33 | 7.4 | 10:39 | 6.5 | 10:28 | -0.6 | 7:57 | 4:44 | ☀ |
| 17 | Tue | 6:32 | 8.4 | 3:20 | 7.2 | 11:22 | 6.2 | 11:01 | -0.4 | 7:57 | 4:46 | ☀ |
| 18 | Wed | 6:58 | 8.5 | 4:09 | 6.9 | | | 12:05 | 5.8 | 7:56 | 4:47 | ☀ |
| 19 | Thu | 7:22 | 8.4 | 5:01 | 6.6 | | | 12:49 | 5.3 | 7:55 | 4:49 | ☀ |
| 20 | Fri | 7:42 | 8.4 | 5:58 | 6.1 | 12:08 | 0.5 | 1:36 | 4.7 | 7:54 | 4:50 | ☀ |
| 21 | Sat | 8:00 | 8.3 | 7:06 | 5.6 | 12:44 | 1.3 | 2:24 | 3.9 | 7:53 | 4:52 | ☀ |
| 22 | Sun | 8:19 | 8.3 | 8:38 | 5.3 | 1:23 | 2.3 | 3:15 | 3.0 | 7:52 | 4:53 | ☀ |
| 23 | Mon | 8:44 | 8.3 | 11:05 | 5.3 | 2:04 | 3.3 | 4:09 | 2.1 | 7:51 | 4:55 | ☀ |
| 24 | Tue | 9:16 | 8.3 | | | 2:50 | 4.4 | 5:08 | 1.1 | 7:50 | 4:56 | ☀ |
| 25 | Wed | 1:03 | 5.9 | 9:55 AM | 8.4 | 3:46 | 5.5 | 6:08 | 0.2 | 7:49 | 4:58 | ☀ |
| 26 | Thu | 2:22 | 6.7 | 10:42 AM | 8.4 | 5:02 | 6.3 | 7:05 | -0.5 | 7:48 | 4:59 | ☀ |
| 27 | Fri | 3:21 | 7.4 | 11:38 AM | 8.3 | 6:39 | 6.8 | 7:58 | -1.1 | 7:47 | 5:01 | ☀ |
| 28 | Sat | 4:07 | 8.0 | 12:39 | 8.2 | 8:09 | 6.8 | 8:48 | -1.4 | 7:45 | 5:03 | ☀ |
| 29 | Sun | 4:47 | 8.4 | 1:41 | 8.0 | 9:21 | 6.5 | 9:35 | -1.4 | 7:44 | 5:04 | ☀ |

| Date | | High | | | | Low | | | |  | |  |
|-----------|-----|-------------|-----|-------------|-----|--------------|-----|--------------|------|--|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 30 | Mon | 5:23 | 8.6 | 2:45 | 7.8 | 10:19 | 6.0 | 10:19 | -1.1 | 7:43 | 5:06 |  |
| 31 | Tue | 5:58 | 8.7 | 3:48 | 7.4 | 11:11 | 5.4 | 11:00 | -0.5 | 7:42 | 5:07 |  |