




































Upright Head, Lopez Island, WA - Mar 1996

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|----------|-----|-------|-----|-------|-----|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Fri | 3:36 | 7.1 | 12:44 | 6.5 | 8:36 | 5.6 | 8:28 | 0.7 | 6:51 | 5:55 |  |
| 2 | Sat | 4:08 | 7.2 | 1:44 | 6.5 | 9:15 | 5.2 | 9:05 | 0.7 | 6:49 | 5:57 |  |
| 3 | Sun | 4:35 | 7.3 | 2:41 | 6.5 | 9:49 | 4.7 | 9:40 | 0.9 | 6:47 | 5:59 |  |
| 4 | Mon | 5:00 | 7.4 | 3:34 | 6.6 | 10:21 | 4.2 | 10:13 | 1.1 | 6:45 | 6:00 |  |
| 5 | Tue | 5:20 | 7.4 | 4:24 | 6.6 | 10:53 | 3.6 | 10:47 | 1.5 | 6:43 | 6:02 |  |
| 6 | Wed | 5:37 | 7.3 | 5:13 | 6.5 | 11:26 | 3.0 | 11:21 | 2.0 | 6:41 | 6:03 |  |
| 7 | Thu | 5:51 | 7.3 | 6:04 | 6.5 | | | 12:02 | 2.5 | 6:39 | 6:05 |  |
| 8 | Fri | 6:07 | 7.2 | 7:02 | 6.4 | | | 12:42 | 1.9 | 6:37 | 6:06 |  |
| 9 | Sat | 6:28 | 7.2 | 8:12 | 6.3 | 12:35 | 3.4 | 1:25 | 1.4 | 6:35 | 6:08 |  |
| 10 | Sun | 6:55 | 7.2 | 9:40 | 6.2 | 1:18 | 4.1 | 2:14 | 0.9 | 6:33 | 6:09 |  |
| 11 | Mon | 7:27 | 7.2 | 11:16 | 6.4 | 2:07 | 4.9 | 3:07 | 0.5 | 6:31 | 6:11 |  |
| 12 | Tue | 8:09 | 7.1 | | | 3:04 | 5.4 | 4:06 | 0.3 | 6:29 | 6:12 |  |
| 13 | Wed | 12:34 | 6.8 | 9:04 AM | 6.9 | 4:18 | 5.8 | 5:12 | 0.1 | 6:27 | 6:14 |  |
| 14 | Thu | 1:32 | 7.1 | 10:17 AM | 6.7 | 5:57 | 5.8 | 6:19 | 0.0 | 6:25 | 6:15 |  |
| 15 | Fri | 2:20 | 7.4 | 11:47 AM | 6.6 | 7:25 | 5.3 | 7:22 | 0.1 | 6:23 | 6:17 |  |
| 16 | Sat | 3:01 | 7.6 | 1:16 | 6.6 | 8:24 | 4.6 | 8:18 | 0.2 | 6:21 | 6:18 |  |
| 17 | Sun | 3:37 | 7.7 | 2:36 | 6.8 | 9:13 | 3.8 | 9:10 | 0.6 | 6:19 | 6:20 |  |
| 18 | Mon | 4:10 | 7.7 | 3:48 | 6.9 | 9:57 | 2.9 | 9:57 | 1.2 | 6:16 | 6:21 |  |
| 19 | Tue | 4:40 | 7.7 | 4:51 | 7.0 | 10:40 | 2.1 | 10:42 | 1.9 | 6:14 | 6:23 |  |
| 20 | Wed | 5:08 | 7.6 | 5:50 | 7.0 | 11:21 | 1.4 | 11:24 | 2.7 | 6:12 | 6:24 |  |
| 21 | Thu | 5:33 | 7.4 | 6:49 | 6.9 | | | 12:02 | 1.0 | 6:10 | 6:26 |  |
| 22 | Fri | 5:56 | 7.2 | 7:50 | 6.8 | 12:06 | 3.4 | 12:44 | 0.7 | 6:08 | 6:27 |  |
| 23 | Sat | 6:18 | 7.0 | 8:55 | 6.6 | 12:48 | 4.1 | 1:27 | 0.7 | 6:06 | 6:29 |  |
| 24 | Sun | 6:41 | 6.7 | 10:05 | 6.5 | 1:34 | 4.7 | 2:12 | 0.7 | 6:04 | 6:30 |  |
| 25 | Mon | 7:09 | 6.5 | 11:17 | 6.5 | 2:24 | 5.2 | 2:59 | 0.9 | 6:02 | 6:32 |  |
| 26 | Tue | 7:43 | 6.2 | | | 3:24 | 5.5 | 3:50 | 1.1 | 6:00 | 6:33 |  |
| 27 | Wed | 12:21 | 6.6 | 8:29 AM | 5.9 | 4:58 | 5.6 | 4:48 | 1.3 | 5:58 | 6:35 |  |
| 28 | Thu | 1:12 | 6.7 | 9:39 AM | 5.6 | 6:51 | 5.3 | 5:49 | 1.4 | 5:56 | 6:36 |  |
| 29 | Fri | 1:54 | 6.8 | 11:18 AM | 5.4 | 7:43 | 4.9 | 6:46 | 1.5 | 5:53 | 6:38 |  |

| Date | | High | | | | Low | | | |  | |  |
|-----------|-----|-------------|-----|--------------|-----|-------------|-----|-------------|-----|--|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 30 | Sat | 2:29 | 6.9 | 12:54 | 5.5 | 8:19 | 4.4 | 7:36 | 1.6 | 5:51 | 6:39 |  |
| 31 | Sun | 2:59 | 6.9 | 2:05 | 5.7 | 8:49 | 3.8 | 8:20 | 1.8 | 5:49 | 6:41 |  |