
































Upright Head, Lopez Island, WA - Jun 1996

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	3:10	7.6	7:01	8.0	10:59	-2.0	11:24	5.9	5:13	9:05	
2	Sun	3:50	7.5	7:48	8.4	11:41	-2.5			5:12	9:06	
3	Mon	4:33	7.4	8:34	8.6	12:24	6.1	12:24	-2.5	5:11	9:07	
4	Tue	5:21	7.1	9:20	8.7	1:28	6.0	1:10	-2.3	5:11	9:08	
5	Wed	6:12	6.6	10:05	8.6	2:41	5.7	1:56	-1.7	5:10	9:09	
6	Thu	7:11	5.9	10:47	8.5	3:56	5.2	2:45	-0.8	5:10	9:10	
7	Fri	8:28	5.1	11:26	8.4	5:08	4.4	3:33	0.3	5:10	9:10	
8	Sat	10:27	4.4			6:14	3.4	4:22	1.6	5:09	9:11	
9	Sun	12:03	8.2	12:55	4.4	7:12	2.3	5:14	2.8	5:09	9:12	
10	Mon	12:37	8.0	2:34	5.0	8:00	1.2	6:14	3.9	5:09	9:12	
11	Tue	1:07	7.9	3:52	5.7	8:44	0.3	7:23	4.8	5:08	9:13	
12	Wed	1:34	7.8	4:57	6.4	9:23	-0.4	8:35	5.5	5:08	9:14	
13	Thu	2:01	7.6	5:48	6.9	10:00	-1.0	9:44	5.9	5:08	9:14	
14	Fri	2:28	7.5	6:32	7.4	10:35	-1.3	10:46	6.1	5:08	9:15	
15	Sat	2:58	7.3	7:11	7.7	11:08	-1.4	11:42	6.2	5:08	9:15	
16	Sun	3:30	7.1	7:49	7.9	11:39	-1.4			5:08	9:16	
17	Mon	4:05	6.8	8:27	8.0	12:36	6.1	12:11	-1.3	5:08	9:16	
18	Tue	4:41	6.5	9:03	8.0	1:32	6.0	12:43	-1.0	5:08	9:16	
19	Wed	5:19	6.1	9:37	8.0	2:34	5.8	1:15	-0.6	5:08	9:17	
20	Thu	5:59	5.7	10:08	7.9	3:35	5.5	1:49	-0.1	5:09	9:17	
21	Fri	6:45	5.2	10:34	7.7	4:31	5.0	2:24	0.5	5:09	9:17	
22	Sat	7:48	4.6	10:54	7.6	5:21	4.4	3:01	1.3	5:09	9:17	
23	Sun	9:16	4.1	11:11	7.6	6:05	3.7	3:39	2.1	5:09	9:17	
24	Mon	11:40	3.9	11:32	7.6	6:42	2.8	4:22	3.0	5:10	9:17	
25	Tue			2:11	4.4	7:18	1.9	5:14	3.9	5:10	9:17	
26	Wed			3:31	5.3	7:54	0.9	6:21	4.8	5:11	9:17	
27	Thu	12:31	7.8	4:32	6.1	8:32	-0.2	7:37	5.5	5:11	9:17	
28	Fri	1:09	7.9	5:22	7.0	9:13	-1.1	8:51	6.0	5:12	9:17	
29	Sat	1:51	7.9	6:06	7.7	9:55	-1.9	10:01	6.2	5:12	9:17	
30	Sun	2:36	7.9	6:48	8.2	10:39	-2.5	11:07	6.3	5:13	9:17	