




























Upright Head, Lopez Island, WA - Jan 1997

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	10:00	8.0	9:54	4.5	2:24	2.6	5:30	3.7	8:03	4:27	
2	Thu	10:18	8.0			3:00	3.5	6:06	2.8	8:03	4:28	
3	Fri	12:54	4.8	10:42 AM	8.0	3:48	4.4	6:42	1.8	8:03	4:29	
4	Sat	2:18	5.6	11:12 AM	8.1	4:54	5.3	7:18	0.9	8:03	4:30	
5	Sun	3:18	6.5	11:54 AM	8.2	6:12	6.0	8:00	-0.1	8:03	4:31	
6	Mon	4:06	7.3	12:30	8.3	7:30	6.5	8:36	-0.9	8:02	4:32	
7	Tue	4:48	8.0	1:18	8.3	8:42	6.7	9:18	-1.5	8:02	4:33	
8	Wed	5:30	8.6	2:06	8.3	9:42	6.8	10:06	-1.9	8:02	4:34	
9	Thu	6:06	8.9	3:00	8.1	10:42	6.6	10:48	-1.9	8:01	4:36	
10	Fri	6:48	9.2	3:54	7.8	11:42	6.3	11:30	-1.6	8:01	4:37	
11	Sat	7:24	9.2	4:54	7.3			12:42	5.7	8:00	4:38	
12	Sun	8:00	9.1	6:00	6.7	12:12	-0.9	1:42	5.0	8:00	4:40	
13	Mon	8:36	9.0	7:12	5.9	1:00	0.2	2:48	4.2	7:59	4:41	
14	Tue	9:06	8.8	9:00	5.3	1:42	1.4	3:48	3.3	7:58	4:42	
15	Wed	9:42	8.7	11:12	5.2	2:30	2.7	4:54	2.4	7:58	4:44	
16	Thu	10:12	8.5			3:12	3.9	5:54	1.5	7:57	4:45	
17	Fri	1:00	5.7	10:48 AM	8.3	4:06	5.0	6:48	0.8	7:56	4:47	
18	Sat	2:24	6.3	11:24 AM	8.2	5:12	5.9	7:36	0.2	7:55	4:48	
19	Sun	3:30	7.0	12:06	8.0	6:48	6.4	8:24	-0.2	7:54	4:49	
20	Mon	4:18	7.5	12:42	7.8	8:18	6.6	9:00	-0.5	7:54	4:51	
21	Tue	5:00	7.9	1:24	7.7	9:24	6.6	9:36	-0.6	7:53	4:52	
22	Wed	5:30	8.1	2:06	7.5	10:12	6.5	10:12	-0.5	7:52	4:54	
23	Thu	6:06	8.2	2:54	7.3	11:00	6.2	10:42	-0.3	7:51	4:56	
24	Fri	6:36	8.3	3:36	7.0	11:36	6.0	11:12	0.0	7:49	4:57	
25	Sat	7:06	8.2	4:18	6.7			12:18	5.6	7:48	4:59	
26	Sun	7:30	8.1	5:06	6.4			1:00	5.3	7:47	5:00	
27	Mon	7:54	8.0	5:54	5.9	12:12	0.9	1:42	4.8	7:46	5:02	
28	Tue	8:12	7.9	6:48	5.5	12:42	1.6	2:24	4.3	7:45	5:03	
29	Wed	8:24	7.8	8:00	5.1	1:18	2.4	3:12	3.7	7:44	5:05	
30	Thu	8:42	7.7	9:48	4.9	1:54	3.2	3:54	3.0	7:42	5:07	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Fri	9:06	7.7			2:30	4.0	4:48	2.3	7:41	5:08	