



































Upright Head, Lopez Island, WA - Mar 1997

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	8:02	7.2	11:55	5.9	2:21	4.7	3:42	1.4	6:52	5:55	
2	Sun	8:40	7.1			3:15	5.3	4:40	0.9	6:50	5:57	
3	Mon	1:12	6.4	9:30 AM	7.1	4:25	5.8	5:42	0.4	6:48	5:58	
4	Tue	2:08	6.9	10:35 AM	7.1	5:57	6.0	6:44	0.0	6:46	6:00	
5	Wed	2:53	7.4	11:52 AM	7.1	7:23	5.8	7:41	-0.3	6:44	6:01	
6	Thu	3:32	7.7	1:08	7.1	8:27	5.3	8:34	-0.4	6:42	6:03	
7	Fri	4:07	7.9	2:23	7.2	9:19	4.5	9:25	-0.2	6:40	6:04	
8	Sat	4:39	8.0	3:36	7.3	10:07	3.7	10:13	0.2	6:38	6:06	
9	Sun	5:10	8.0	4:44	7.3	10:54	2.8	10:59	1.0	6:36	6:07	
10	Mon	5:39	7.9	5:50	7.2	11:41	2.0	11:44	1.9	6:34	6:09	
11	Tue	6:07	7.8	6:57	7.0			12:29	1.3	6:31	6:10	
12	Wed	6:35	7.6	8:10	6.7	12:29	2.8	1:19	0.9	6:29	6:12	
13	Thu	7:04	7.4	9:29	6.5	1:16	3.8	2:11	0.7	6:27	6:13	
14	Fri	7:34	7.1	10:52	6.5	2:06	4.6	3:05	0.6	6:25	6:15	
15	Sat	8:08	6.8			3:01	5.2	4:03	0.7	6:23	6:17	
16	Sun	12:10	6.6	8:50 AM	6.5	4:14	5.6	5:05	0.9	6:21	6:18	
17	Mon	1:14	6.8	9:47 AM	6.2	6:14	5.7	6:09	1.0	6:19	6:20	
18	Tue	2:05	6.9	11:12 AM	5.9	7:34	5.4	7:05	1.1	6:17	6:21	
19	Wed	2:47	7.0	12:41	5.9	8:24	5.0	7:54	1.1	6:15	6:23	
20	Thu	3:22	7.1	1:49	6.0	9:01	4.5	8:36	1.3	6:13	6:24	
21	Fri	3:53	7.1	2:48	6.1	9:32	4.0	9:14	1.5	6:11	6:26	
22	Sat	4:19	7.1	3:41	6.2	10:01	3.4	9:49	1.8	6:09	6:27	
23	Sun	4:41	7.0	4:28	6.3	10:29	2.9	10:23	2.1	6:07	6:28	
24	Mon	4:58	6.9	5:14	6.4	10:57	2.4	10:56	2.6	6:04	6:30	
25	Tue	5:11	6.9	5:59	6.5	11:28	1.9	11:31	3.1	6:02	6:31	
26	Wed	5:24	6.8	6:47	6.5			12:02	1.4	6:00	6:33	
27	Thu	5:42	6.7	7:42	6.5	12:07	3.7	12:38	1.1	5:58	6:34	
28	Fri	6:05	6.7	8:49	6.5	12:48	4.3	1:19	0.7	5:56	6:36	
29	Sat	6:32	6.7	10:05	6.6	1:34	4.8	2:05	0.5	5:54	6:37	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
30	Sun	7:05	6.6	11:23	6.8	2:28	5.3	2:55	0.3	5:52	6:39	
31	Mon	7:49	6.4			3:33	5.6	3:52	0.3	5:50	6:40	