




















## Upright Head, Lopez Island, WA - Jul 1997

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	1:13	7.9	5:05	6.8	9:16	-1.0	8:40	5.9	5:13	9:17	
2	Wed	1:48	7.8	5:54	7.3	9:57	-1.5	9:55	6.2	5:14	9:16	
3	Thu	2:25	7.6	6:37	7.7	10:36	-1.7	11:01	6.2	5:15	9:16	
4	Fri	3:03	7.4	7:16	8.0	11:13	-1.7	11:59	6.2	5:15	9:16	
5	Sat	3:43	7.1	7:53	8.1	11:47	-1.5			5:16	9:15	
6	Sun	4:25	6.7	8:29	8.1	12:53	6.0	12:21	-1.2	5:17	9:15	
7	Mon	5:07	6.3	9:03	8.0	1:49	5.7	12:54	-0.8	5:18	9:14	
8	Tue	5:50	5.9	9:34	7.9	2:45	5.4	1:27	-0.2	5:19	9:14	
9	Wed	6:36	5.4	10:02	7.7	3:38	4.9	2:00	0.5	5:19	9:13	
10	Thu	7:31	4.9	10:25	7.6	4:27	4.4	2:34	1.3	5:20	9:13	
11	Fri	8:44	4.3	10:42	7.5	5:14	3.8	3:10	2.1	5:21	9:12	
12	Sat	10:42	4.0	10:59	7.4	6:00	3.1	3:48	3.0	5:22	9:11	
13	Sun			1:31	4.3	6:44	2.3	4:31	3.8	5:23	9:10	
14	Mon			2:59	5.0	7:24	1.4	5:25	4.7	5:24	9:10	
15	Tue			4:04	5.7	8:02	0.6	6:39	5.4	5:25	9:09	
16	Wed	12:28	7.5	4:54	6.5	8:40	-0.2	7:58	5.9	5:26	9:08	
17	Thu	1:09	7.6	5:35	7.1	9:20	-1.0	9:11	6.1	5:27	9:07	
18	Fri	1:54	7.6	6:13	7.7	10:01	-1.6	10:17	6.2	5:29	9:06	
19	Sat	2:42	7.6	6:48	8.1	10:43	-2.0	11:17	6.0	5:30	9:05	
20	Sun	3:36	7.5	7:24	8.3	11:25	-2.1			5:31	9:04	
21	Mon	4:33	7.2	7:58	8.4	12:12	5.6	12:08	-1.9	5:32	9:03	
22	Tue	5:33	6.9	8:32	8.4	1:09	5.1	12:51	-1.3	5:33	9:02	
23	Wed	6:36	6.3	9:05	8.3	2:08	4.4	1:35	-0.4	5:34	9:01	
24	Thu	7:49	5.7	9:36	8.2	3:08	3.6	2:20	0.7	5:36	8:59	
25	Fri	9:23	5.1	10:08	8.1	4:08	2.7	3:06	2.0	5:37	8:58	
26	Sat	11:26	4.9	10:40	7.9	5:09	1.8	3:52	3.2	5:38	8:57	
27	Sun			1:18	5.2	6:12	1.0	4:43	4.3	5:39	8:56	
28	Mon			2:45	5.8	7:11	0.2	5:46	5.2	5:41	8:54	
29	Tue			3:55	6.4	8:05	-0.3	7:15	5.8	5:42	8:53	
30	Wed	12:37	7.5	4:50	6.9	8:54	-0.8	8:48	6.1	5:43	8:52	
31	Thu	1:23	7.3	5:33	7.3	9:37	-1.0	9:59	6.0	5:45	8:50	