



































Upright Head, Lopez Island, WA - Mar 2000

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	3:22	7.0	11:19 AM	6.6	7:58	6.2	7:51	0.4	6:51	5:55	
2	Thu	3:58	7.3	12:25	6.6	8:51	6.0	8:32	0.2	6:49	5:57	
3	Fri	4:30	7.5	1:25	6.6	9:29	5.7	9:10	0.1	6:47	5:59	
4	Sat	4:58	7.6	2:22	6.7	10:02	5.3	9:46	0.1	6:45	6:00	
5	Sun	5:22	7.7	3:19	6.7	10:33	4.8	10:21	0.4	6:43	6:02	
6	Mon	5:44	7.6	4:13	6.6	11:06	4.2	10:57	0.8	6:41	6:03	
7	Tue	6:02	7.6	5:08	6.6	11:42	3.5	11:33	1.4	6:39	6:05	
8	Wed	6:16	7.5	6:05	6.5			12:20	2.8	6:37	6:06	
9	Thu	6:32	7.4	7:11	6.3	12:11	2.2	1:02	2.1	6:35	6:08	
10	Fri	6:52	7.3	8:34	6.2	12:51	3.1	1:48	1.4	6:33	6:09	
11	Sat	7:17	7.3	10:17	6.3	1:36	4.1	2:39	0.8	6:31	6:11	
12	Sun	7:47	7.3	11:58	6.6	2:27	5.0	3:35	0.3	6:29	6:12	
13	Mon	8:26	7.2			3:29	5.8	4:38	-0.1	6:27	6:14	
14	Tue	1:14	7.1	9:18 AM	7.0	4:54	6.3	5:46	-0.3	6:25	6:15	
15	Wed	2:13	7.5	10:30 AM	6.8	6:55	6.2	6:52	-0.5	6:23	6:17	
16	Thu	3:00	7.8	11:59 AM	6.7	8:11	5.8	7:51	-0.5	6:21	6:18	
17	Fri	3:40	7.9	1:25	6.7	9:02	5.1	8:45	-0.3	6:18	6:20	
18	Sat	4:15	7.9	2:44	6.7	9:46	4.4	9:33	0.1	6:16	6:21	
19	Sun	4:46	7.9	3:54	6.7	10:26	3.6	10:17	0.8	6:14	6:23	
20	Mon	5:14	7.7	4:56	6.7	11:04	2.8	10:58	1.5	6:12	6:24	
21	Tue	5:38	7.5	5:54	6.7	11:42	2.1	11:37	2.4	6:10	6:26	
22	Wed	5:58	7.3	6:53	6.5			12:20	1.6	6:08	6:27	
23	Thu	6:14	7.0	7:56	6.4	12:15	3.2	12:58	1.3	6:06	6:29	
24	Fri	6:29	6.8	9:05	6.3	12:55	4.0	1:38	1.1	6:04	6:30	
25	Sat	6:47	6.6	10:21	6.3	1:37	4.7	2:20	0.9	6:02	6:32	
26	Sun	7:08	6.4	11:39	6.5	2:25	5.3	3:05	0.9	6:00	6:33	
27	Mon	7:34	6.2			3:24	5.7	3:56	1.0	5:58	6:35	
28	Tue	12:46	6.7	8:10 AM	6.0	5:10	5.9	4:54	1.0	5:56	6:36	
29	Wed	1:38	6.9					5:55	1.0	5:53	6:38	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
30	Thu	2:20	7.0	10:46 AM	5.6	8:11	5.4	6:52	1.0	5:51	6:39	
31	Fri	2:55	7.1	12:19	5.6	8:39	4.9	7:42	1.0	5:49	6:41	