



































## Upright Head, Lopez Island, WA - Jan 2001

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	10:11	8.3			1:56	1.3			8:03	4:27	
2	Tue	10:25	8.2	9:33	4.5	2:34	2.2	5:55	3.9	8:03	4:28	
3	Wed	10:38	8.1			3:15	3.2	6:22	2.8	8:03	4:29	
4	Thu	12:53	4.8	10:58 AM	8.1	4:04	4.3	6:53	1.7	8:03	4:30	
5	Fri	2:28	5.7	11:25 AM	8.2	5:09	5.4	7:29	0.5	8:03	4:31	
6	Sat	3:36	6.8	11:57 AM	8.4	6:29	6.3	8:08	-0.7	8:02	4:32	
7	Sun	4:28	7.7	12:35	8.5	7:47	6.9	8:50	-1.6	8:02	4:33	
8	Mon	5:14	8.5	1:18	8.6	9:01	7.3	9:35	-2.4	8:02	4:34	
9	Tue	5:57	9.1	2:05	8.6	10:08	7.5	10:20	-2.7	8:01	4:36	
10	Wed	6:39	9.4	2:58	8.4	11:10	7.4	11:06	-2.6	8:01	4:37	
11	Thu	7:20	9.5	3:55	8.0			12:12	7.0	8:00	4:38	
12	Fri	7:59	9.5	4:55	7.4			1:19	6.4	8:00	4:40	
13	Sat	8:36	9.3	6:00	6.6	12:37	-1.3	2:26	5.6	7:59	4:41	
14	Sun	9:11	9.1	7:22	5.7	1:21	-0.1	3:30	4.6	7:58	4:42	
15	Mon	9:43	8.8	9:27	5.0	2:05	1.3	4:32	3.5	7:58	4:44	
16	Tue	10:12	8.6	11:50	5.1	2:47	2.7	5:32	2.5	7:57	4:45	
17	Wed	10:38	8.4			3:29	4.1	6:25	1.5	7:56	4:47	
18	Thu	1:36	5.7	11:03 AM	8.2	4:16	5.3	7:12	0.6	7:55	4:48	
19	Fri	3:03	6.4	11:28 AM	8.1	5:23	6.2	7:54	0.0	7:54	4:49	
20	Sat	4:05	7.1	11:58 AM	8.0	7:01	6.8	8:33	-0.4	7:53	4:51	
21	Sun	4:48	7.7	12:32	7.9	8:33	7.1	9:09	-0.7	7:53	4:52	
22	Mon	5:24	8.0	1:10	7.7	9:40	7.1	9:43	-0.8	7:52	4:54	
23	Tue	5:57	8.3	1:51	7.6	10:30	7.0	10:16	-0.9	7:50	4:56	
24	Wed	6:28	8.4	2:34	7.4	11:13	6.8	10:47	-0.7	7:49	4:57	
25	Thu	7:00	8.4	3:19	7.2	11:53	6.6	11:18	-0.5	7:48	4:59	
26	Fri	7:29	8.4	4:04	6.9			12:35	6.3	7:47	5:00	
27	Sat	7:56	8.3	4:50	6.5			1:19	5.9	7:46	5:02	
28	Sun	8:18	8.2	5:40	6.0	12:21	0.5	2:02	5.3	7:45	5:03	
29	Mon	8:33	8.0	6:40	5.5	12:53	1.2	2:44	4.7	7:43	5:05	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
<b>30</b>	Tue	<b>8:44</b>	7.9	<b>7:59</b>	5.1	<b>1:26</b>	2.0	<b>3:26</b>	3.9	7:42	5:07	
<b>31</b>	Wed	<b>8:57</b>	7.8	<b>10:04</b>	4.9	<b>2:02</b>	3.0	<b>4:12</b>	3.0	7:41	5:08	