
















## Upright Head, Lopez Island, WA - Mar 2001

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	7:41	7.3	10:44	5.7	1:46	4.1	3:07	1.5	6:52	5:55	
2	Fri	8:07	7.3			2:31	5.0	4:00	0.9	6:50	5:57	
3	Sat	12:37	6.3	8:41 AM	7.3	3:28	5.9	5:00	0.2	6:48	5:58	
4	Sun	1:52	6.9	9:28 AM	7.3	4:48	6.5	6:04	-0.4	6:46	6:00	
5	Mon	2:48	7.5	10:34 AM	7.3	6:38	6.7	7:07	-0.9	6:44	6:01	
6	Tue	3:32	7.9	11:53 AM	7.2	8:06	6.4	8:04	-1.2	6:42	6:03	
7	Wed	4:09	8.2	1:13	7.2	9:04	5.9	8:57	-1.2	6:40	6:04	
8	Thu	4:42	8.3	2:30	7.2	9:51	5.1	9:47	-0.8	6:38	6:06	
9	Fri	5:13	8.2	3:46	7.2	10:36	4.2	10:34	-0.2	6:35	6:07	
10	Sat	5:41	8.1	4:56	7.1	11:21	3.3	11:18	0.8	6:33	6:09	
11	Sun	6:07	7.9	6:04	6.9			12:06	2.4	6:31	6:11	
12	Mon	6:30	7.7	7:15	6.6	12:00	1.9	12:52	1.7	6:29	6:12	
13	Tue	6:51	7.5	8:34	6.4	12:43	3.0	1:40	1.1	6:27	6:14	
14	Wed	7:11	7.3	9:59	6.3	1:26	4.1	2:29	0.8	6:25	6:15	
15	Thu	7:32	7.0	11:29	6.4	2:12	5.0	3:20	0.7	6:23	6:17	
16	Fri	7:56	6.8			3:04	5.7	4:15	0.7	6:21	6:18	
17	Sat	12:48	6.7	8:26 AM	6.5	4:20	6.1	5:15	0.7	6:19	6:20	
18	Sun	1:50	6.9	9:11 AM	6.3	7:04	6.2	6:17	0.7	6:17	6:21	
19	Mon	2:38	7.1	10:27 AM	6.0	8:13	5.9	7:12	0.7	6:15	6:23	
20	Tue	3:17	7.2	12:00	5.9	8:52	5.5	8:00	0.7	6:13	6:24	
21	Wed	3:49	7.3	1:19	6.0	9:21	5.1	8:41	0.7	6:11	6:26	
22	Thu	4:17	7.3	2:24	6.1	9:48	4.6	9:19	0.9	6:09	6:27	
23	Fri	4:40	7.3	3:23	6.2	10:13	4.0	9:54	1.2	6:06	6:29	
24	Sat	5:00	7.2	4:16	6.3	10:40	3.3	10:28	1.7	6:04	6:30	
25	Sun	5:14	7.1	5:07	6.4	11:08	2.7	11:02	2.2	6:02	6:32	
26	Mon	5:24	7.0	5:58	6.4	11:39	2.0	11:37	2.9	6:00	6:33	
27	Tue	5:35	6.9	6:55	6.5			12:13	1.4	5:58	6:34	
28	Wed	5:50	6.9	8:02	6.5	12:15	3.7	12:51	0.8	5:56	6:36	
29	Thu	6:10	6.9	9:22	6.6	12:57	4.5	1:34	0.3	5:54	6:37	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
<b>30</b>	Fri	<b>6:33</b>	6.9	<b>10:52</b>	6.8	<b>1:46</b>	5.3	<b>2:23</b>	-0.1	5:52	6:39	
<b>31</b>	Sat	<b>7:00</b>	6.8			<b>2:44</b>	5.9	<b>3:17</b>	-0.3	5:50	6:40	