



































## Upright Head, Lopez Island, WA - Mar 2003

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	5:04	8.1	2:12	6.8	10:19	5.8	9:52	-0.4	6:52	5:54	
2	Sun	5:32	8.1	3:18	6.7	10:54	5.2	10:29	0.1	6:51	5:56	
3	Mon	5:57	7.9	4:16	6.5	11:26	4.6	11:02	0.7	6:49	5:57	
4	Tue	6:18	7.7	5:10	6.3	11:58	4.0	11:33	1.5	6:47	5:59	
5	Wed	6:35	7.4	6:03	6.1			12:30	3.3	6:45	6:01	
6	Thu	6:45	7.2	7:02	5.9	12:04	2.3	1:04	2.8	6:43	6:02	
7	Fri	6:51	7.0	8:13	5.7	12:36	3.2	1:39	2.2	6:41	6:04	
8	Sat	7:00	6.9	9:45	5.7	1:09	4.0	2:18	1.8	6:39	6:05	
9	Sun	7:15	6.9	11:34	5.9	1:46	4.8	3:01	1.4	6:36	6:07	
10	Mon	7:33	6.8			2:27	5.6	3:50	1.1	6:34	6:08	
11	Tue	1:04	6.4	7:53 AM	6.8	3:20	6.2	4:47	0.7	6:32	6:10	
12	Wed	2:09	6.8	8:19 AM	6.8	4:45	6.6	5:48	0.4	6:30	6:11	
13	Thu	2:55	7.3					6:47	0.0	6:28	6:13	
14	Fri	3:30	7.6	11:06 AM	6.6	8:36	6.4	7:40	-0.3	6:26	6:14	
15	Sat	3:59	7.8	12:34	6.6	9:03	5.9	8:29	-0.5	6:24	6:16	
16	Sun	4:25	7.9	1:52	6.7	9:34	5.2	9:15	-0.4	6:22	6:17	
17	Mon	4:47	7.9	3:07	6.8	10:08	4.3	9:59	0.1	6:20	6:19	
18	Tue	5:07	7.8	4:20	6.9	10:45	3.3	10:43	0.9	6:18	6:20	
19	Wed	5:24	7.7	5:30	7.0	11:26	2.1	11:26	2.0	6:16	6:22	
20	Thu	5:42	7.6	6:43	7.0			12:09	1.1	6:14	6:23	
21	Fri	6:01	7.6	8:04	7.0	12:11	3.2	12:56	0.2	6:12	6:25	
22	Sat	6:22	7.5	9:33	7.0	12:57	4.4	1:47	-0.4	6:10	6:26	
23	Sun	6:47	7.5	11:06	7.2	1:48	5.4	2:42	-0.7	6:07	6:28	
24	Mon	7:15	7.3			2:48	6.2	3:41	-0.7	6:05	6:29	
25	Tue	12:30	7.4	7:47 AM	7.0	4:17	6.7	4:47	-0.6	6:03	6:31	
26	Wed	1:35	7.6					5:57	-0.3	6:01	6:32	
27	Thu	2:25	7.7	10:11 AM	6.1	8:18	6.0	7:01	0.0	5:59	6:34	
28	Fri	3:05	7.7	12:16	5.8	8:56	5.4	7:56	0.3	5:57	6:35	
29	Sat	3:37	7.6	1:50	5.8	9:28	4.7	8:43	0.7	5:55	6:37	
30	Sun	4:05	7.5	3:03	5.9	9:57	3.9	9:24	1.2	5:53	6:38	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
<b>31</b>	Mon	<b>4:29</b>	7.4	<b>4:03</b>	6.1	<b>10:24</b>	3.2	<b>10:00</b>	1.8	5:51	6:40	