


## Upright Head, Lopez Island, WA - Sep 2003

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	9:28	5.9	8:20	7.5	2:52	1.2	2:26	3.7	6:28	7:54	
2	Tue	11:21	6.0	8:45	7.5	3:45	0.4	3:13	4.9	6:30	7:52	
3	Wed			1:10	6.4	4:42	-0.3	4:08	5.9	6:31	7:50	
4	Thu			2:33	7.0	5:45	-0.7	5:27	6.6	6:32	7:48	
5	Fri			3:36	7.5	6:52	-1.0	7:55	6.8	6:34	7:46	
6	Sat			4:23	7.7	7:56	-1.2	9:20	6.5	6:35	7:44	
7	Sun	12:16	6.8	5:01	7.8	8:53	-1.2	10:11	5.9	6:37	7:42	
8	Mon	1:42	6.7	5:33	7.8	9:43	-1.0	10:51	5.3	6:38	7:39	
9	Tue	2:59	6.5	6:02	7.7	10:28	-0.6	11:28	4.6	6:39	7:37	
10	Wed	4:09	6.4	6:27	7.6	11:08	0.0			6:41	7:35	
11	Thu	5:13	6.3	6:49	7.4	12:02	3.9	11:44 AM	0.7	6:42	7:33	
12	Fri	6:10	6.2	7:05	7.1	12:35	3.2	12:17	1.6	6:44	7:31	
13	Sat	7:06	6.0	7:16	6.9	1:08	2.6	12:50	2.4	6:45	7:29	
14	Sun	8:07	5.9	7:23	6.7	1:42	2.0	1:24	3.3	6:46	7:27	
15	Mon	9:18	5.8	7:33	6.6	2:18	1.6	2:00	4.2	6:48	7:25	
16	Tue	10:43	5.9	7:48	6.5	2:57	1.3	2:40	4.9	6:49	7:23	
17	Wed			12:17	6.1	3:40	1.0	3:28	5.6	6:51	7:21	
18	Thu			1:40	6.4	4:28	0.8	4:29	6.1	6:52	7:18	
19	Fri			2:40	6.8	5:24	0.7			6:53	7:16	
20	Sat			3:25	7.1	6:25	0.5			6:55	7:14	
21	Sun			4:01	7.3	7:25	0.2	9:39	5.8	6:56	7:12	
22	Mon			4:31	7.5	8:18	0.0	9:55	5.4	6:58	7:10	
23	Tue	1:24	6.0	4:56	7.6	9:06	0.0	10:19	4.7	6:59	7:08	
24	Wed	2:42	6.2	5:17	7.6	9:51	0.1	10:48	3.8	7:00	7:06	
25	Thu	3:55	6.4	5:34	7.5	10:34	0.6	11:22	2.8	7:02	7:04	
26	Fri	5:06	6.6	5:50	7.4	11:17	1.3	11:59	1.7	7:03	7:02	
27	Sat	6:14	6.9	6:06	7.4			12:01	2.3	7:05	6:59	
28	Sun	7:24	7.0	6:25	7.4	12:40	0.7	12:45	3.4	7:06	6:57	
29	Mon	8:41	7.1	6:46	7.4	1:24	-0.2	1:32	4.6	7:08	6:55	
30	Tue	10:05	7.2	7:11	7.4	2:13	-0.8	2:25	5.6	7:09	6:53	