






Upright Head, Lopez Island, WA - Nov 2003

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat			12:18	8.5	3:31	-0.6			6:57	4:52	
2	Sun			12:59	8.3	4:33	0.3	7:54	4.9	6:59	4:50	
3	Mon			1:32	8.2	5:36	1.2	8:16	3.9	7:00	4:49	
4	Tue	12:51	5.0	2:00	8.0	6:37	2.0	8:43	2.9	7:02	4:47	
5	Wed	2:17	5.3	2:23	7.8	7:30	2.8	9:10	2.0	7:04	4:46	
6	Thu	3:27	5.8	2:40	7.6	8:18	3.6	9:36	1.2	7:05	4:44	
7	Fri	4:26	6.4	2:50	7.4	9:02	4.4	10:00	0.5	7:07	4:43	
8	Sat	5:17	6.9	2:59	7.3	9:46	5.0	10:25	0.0	7:08	4:41	
9	Sun	6:04	7.3	3:11	7.2	10:28	5.6	10:52	-0.4	7:10	4:40	
10	Mon	6:52	7.6	3:27	7.1	11:12	6.1	11:21	-0.6	7:11	4:39	
11	Tue	7:41	7.8	3:43	7.1	11:59	6.5	11:53	-0.7	7:13	4:37	
12	Wed	8:33	8.0	3:52	7.0			12:58	6.8	7:14	4:36	
13	Thu	9:27	8.1			12:28	-0.6			7:16	4:35	
14	Fri	10:21	8.2			1:07	-0.5			7:18	4:33	
15	Sat	11:09	8.2			1:50	-0.2			7:19	4:32	
16	Sun	11:48	8.3			2:37	0.2			7:21	4:31	
17	Mon			12:17	8.3	3:27	0.7			7:22	4:30	
18	Tue			12:38	8.2	4:21	1.4	7:42	4.1	7:24	4:29	
19	Wed			12:55	8.2	5:22	2.2	7:52	2.9	7:25	4:28	
20	Thu	1:27	5.2	1:10	8.1	6:25	3.1	8:16	1.5	7:27	4:27	
21	Fri	2:57	6.1	1:29	8.2	7:27	4.1	8:49	0.0	7:28	4:26	
22	Sat	4:09	7.1	1:52	8.3	8:28	5.1	9:26	-1.3	7:30	4:25	
23	Sun	5:12	8.0	2:19	8.4	9:28	6.0	10:07	-2.3	7:31	4:24	
24	Mon	6:10	8.7	2:50	8.4	10:27	6.8	10:51	-2.9	7:32	4:23	
25	Tue	7:09	9.2	3:23	8.4	11:29	7.3	11:36	-3.0	7:34	4:22	
26	Wed	8:07	9.3	3:58	8.1			12:41	7.6	7:35	4:21	
27	Thu	9:03	9.4	4:32	7.7	12:24	-2.7	2:20	7.5	7:37	4:21	
28	Fri	9:57	9.2			1:14	-2.0			7:38	4:20	
29	Sat	10:45	9.1			2:04	-1.1			7:39	4:19	
30	Sun	11:27	8.8			2:54	0.0			7:41	4:19	