



































Upright Head, Lopez Island, WA - Mar 2008

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	8:22	7.1					6:03	0.5	6:51	5:56	
2	Sun	3:14	7.2					6:58	0.2	6:49	5:57	
3	Mon	3:42	7.4	10:55 AM	6.7	8:38	6.6	7:46	0.0	6:47	5:59	
4	Tue	4:07	7.6	12:22	6.7	9:06	6.1	8:29	-0.1	6:45	6:00	
5	Wed	4:28	7.7	1:38	6.6	9:33	5.5	9:10	0.0	6:43	6:02	
6	Thu	4:47	7.7	2:50	6.7	10:03	4.7	9:49	0.4	6:41	6:03	
7	Fri	5:02	7.7	4:00	6.7	10:36	3.7	10:27	1.1	6:39	6:05	
8	Sat	5:15	7.6	5:06	6.8	11:12	2.6	11:06	2.0	6:37	6:06	
9	Sun	6:27	7.6	7:14	6.8			12:51	1.6	7:35	7:08	
10	Mon	6:42	7.6	8:30	6.8	12:46	3.1	1:34	0.6	7:33	7:09	
11	Tue	7:01	7.7	9:57	6.8	1:28	4.2	2:22	-0.1	7:31	7:11	
12	Wed	7:25	7.7	11:35	7.0	2:12	5.3	3:14	-0.6	7:29	7:12	
13	Thu	7:52	7.7			3:02	6.2	4:12	-0.8	7:27	7:14	
14	Fri	1:09	7.2	8:24 AM	7.6	4:04	6.8	5:16	-0.8	7:25	7:16	
15	Sat	2:22	7.5	9:09 AM	7.2	5:53	7.1	6:27	-0.7	7:22	7:17	
16	Sun	3:13	7.7	10:29 AM	6.8	8:35	6.6	7:36	-0.4	7:20	7:19	
17	Mon	3:53	7.8	12:26	6.3	9:26	5.9	8:36	-0.1	7:18	7:20	
18	Tue	4:25	7.8	2:16	6.2	10:05	5.1	9:27	0.3	7:16	7:22	
19	Wed	4:53	7.7	3:41	6.2	10:40	4.1	10:12	1.0	7:14	7:23	
20	Thu	5:17	7.6	4:51	6.3	11:13	3.2	10:52	1.7	7:12	7:25	
21	Fri	5:38	7.4	5:51	6.4	11:44	2.4	11:29	2.5	7:10	7:26	
22	Sat	5:53	7.3	6:46	6.5			12:14	1.7	7:08	7:27	
23	Sun	6:04	7.1	7:40	6.6	12:03	3.3	12:44	1.1	7:06	7:29	
24	Mon	6:13	7.0	8:37	6.6	12:37	4.0	1:15	0.7	7:04	7:30	
25	Tue	6:25	6.9	9:40	6.6	1:12	4.7	1:50	0.4	7:02	7:32	
26	Wed	6:40	6.8	10:52	6.6	1:50	5.3	2:28	0.3	7:00	7:33	
27	Thu	6:56	6.7			2:31	5.8	3:11	0.3	6:57	7:35	
28	Fri	12:12	6.7	7:08 AM	6.7	3:21	6.2	3:59	0.4	6:55	7:36	
29	Sat	1:25	6.8	6:53 AM	6.6	4:30	6.5	4:53	0.5	6:53	7:38	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
30	Sun	2:17	7.0					5:52	0.5	6:51	7:39	
31	Mon	2:55	7.2					6:53	0.6	6:49	7:41	