

Upright Head, Lopez Island, WA - Aug 2008

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|----------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Fri | 3:01 | 7.6 | 7:11 | 8.4 | 11:12 | -2.4 | | | 5:46 | 8:48 | ☀ |
| 2 | Sat | 4:12 | 7.2 | 7:40 | 8.3 | 12:11 | 5.9 | 11:54 AM | -1.7 | 5:48 | 8:47 | ☀ |
| 3 | Sun | 5:22 | 6.6 | 8:07 | 8.1 | 1:02 | 5.0 | 12:34 | -0.7 | 5:49 | 8:45 | ☀ |
| 4 | Mon | 6:30 | 6.0 | 8:30 | 7.9 | 1:52 | 4.1 | 1:10 | 0.5 | 5:50 | 8:44 | ☀ |
| 5 | Tue | 7:43 | 5.5 | 8:49 | 7.7 | 2:42 | 3.3 | 1:45 | 1.7 | 5:52 | 8:42 | ☀ |
| 6 | Wed | 9:14 | 5.0 | 9:03 | 7.4 | 3:30 | 2.5 | 2:18 | 2.9 | 5:53 | 8:41 | ☀ |
| 7 | Thu | 11:02 | 4.9 | 9:14 | 7.3 | 4:17 | 1.8 | 2:49 | 4.0 | 5:55 | 8:39 | ☀ |
| 8 | Fri | | | 12:58 | 5.2 | 5:05 | 1.2 | 3:19 | 5.0 | 5:56 | 8:37 | ☀ |
| 9 | Sat | | | 9:51 | 7.1 | 5:56 | 0.8 | | | 5:57 | 8:36 | ☀ |
| 10 | Sun | | | 10:22 | 7.1 | 6:51 | 0.4 | | | 5:59 | 8:34 | ☀ |
| 11 | Mon | | | 11:06 | 7.0 | 7:43 | 0.0 | | | 6:00 | 8:32 | ☀ |
| 12 | Tue | | | 5:18 | 7.2 | 8:30 | -0.4 | 9:21 | 6.7 | 6:01 | 8:30 | ☀ |
| 13 | Wed | 12:07 | 6.9 | 5:43 | 7.4 | 9:13 | -0.7 | 10:14 | 6.5 | 6:03 | 8:29 | ☀ |
| 14 | Thu | 1:12 | 6.9 | 6:08 | 7.6 | 9:51 | -0.9 | 10:52 | 6.2 | 6:04 | 8:27 | ☀ |
| 15 | Fri | 2:13 | 6.8 | 6:31 | 7.7 | 10:27 | -0.9 | 11:25 | 5.7 | 6:06 | 8:25 | ☀ |
| 16 | Sat | 3:13 | 6.6 | 6:52 | 7.7 | 11:01 | -0.7 | 11:58 | 5.1 | 6:07 | 8:23 | ☀ |
| 17 | Sun | 4:13 | 6.4 | 7:09 | 7.6 | 11:34 | -0.3 | | | 6:08 | 8:22 | ☀ |
| 18 | Mon | 5:15 | 6.2 | 7:21 | 7.5 | 12:32 | 4.4 | 12:07 | 0.3 | 6:10 | 8:20 | ☀ |
| 19 | Tue | 6:16 | 6.0 | 7:31 | 7.5 | 1:08 | 3.5 | 12:41 | 1.2 | 6:11 | 8:18 | ☀ |
| 20 | Wed | 7:24 | 5.8 | 7:42 | 7.4 | 1:48 | 2.6 | 1:17 | 2.3 | 6:13 | 8:16 | ☀ |
| 21 | Thu | 8:46 | 5.6 | 7:58 | 7.5 | 2:31 | 1.7 | 1:55 | 3.5 | 6:14 | 8:14 | ☀ |
| 22 | Fri | 10:37 | 5.6 | 8:20 | 7.6 | 3:19 | 0.8 | 2:35 | 4.6 | 6:15 | 8:12 | ☀ |
| 23 | Sat | | | 12:42 | 6.0 | 4:12 | 0.0 | 3:19 | 5.7 | 6:17 | 8:10 | ☀ |
| 24 | Sun | | | 2:20 | 6.6 | 5:11 | -0.6 | 4:16 | 6.5 | 6:18 | 8:08 | ☀ |
| 25 | Mon | | | 3:28 | 7.2 | 6:17 | -1.1 | 5:49 | 7.0 | 6:20 | 8:06 | ☀ |
| 26 | Tue | | | 4:14 | 7.6 | 7:24 | -1.4 | 8:16 | 7.0 | 6:21 | 8:04 | ☀ |
| 27 | Wed | | | 4:50 | 7.8 | 8:25 | -1.6 | 9:32 | 6.5 | 6:22 | 8:02 | ☀ |
| 28 | Thu | 12:58 | 7.1 | 5:21 | 7.9 | 9:20 | -1.5 | 10:22 | 5.7 | 6:24 | 8:00 | ☀ |
| 29 | Fri | 2:23 | 6.9 | 5:48 | 7.9 | 10:08 | -1.1 | 11:06 | 4.8 | 6:25 | 7:58 | ☀ |
| 30 | Sat | 3:43 | 6.7 | 6:14 | 7.8 | 10:52 | -0.5 | 11:46 | 3.9 | 6:27 | 7:56 | ☀ |
| 31 | Sun | 4:57 | 6.6 | 6:36 | 7.6 | 11:32 | 0.4 | | | 6:28 | 7:54 | ☀ |