



































## Upright Head, Lopez Island, WA - Jan 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	8:48	8.5	5:54	5.6	12:42	0.5	3:12	5.3	8:03	4:27	
2	Fri	9:00	8.3	7:18	5.0	1:18	1.4	3:48	4.4	8:03	4:28	
3	Sat	9:06	8.3	9:24	4.6	1:48	2.4	4:24	3.3	8:03	4:29	
4	Sun	9:24	8.3			2:24	3.6	5:12	2.1	8:03	4:30	
5	Mon	12:42	5.1	9:48 AM	8.4	3:06	4.9	6:00	0.9	8:03	4:31	
6	Tue	10:18	8.6					6:48	-0.3	8:02	4:32	
7	Wed	3:42	7.3	10:54 AM	8.7	5:30	7.2	7:36	-1.4	8:02	4:33	
8	Thu	4:30	8.2	11:42 AM	8.8	7:12	7.8	8:24	-2.2	8:02	4:34	
9	Fri	5:06	8.8	12:36	8.8	8:42	8.0	9:12	-2.7	8:01	4:36	
10	Sat	5:42	9.3	1:36	8.7	9:54	7.8	10:00	-2.8	8:01	4:37	
11	Sun	6:18	9.4	2:36	8.3	11:00	7.4	10:48	-2.5	8:00	4:38	
12	Mon	6:54	9.4	3:42	7.8	11:54	6.7	11:30	-1.7	8:00	4:40	
13	Tue	7:24	9.3	4:54	7.1			12:54	5.8	7:59	4:41	
14	Wed	7:54	9.1	6:06	6.3	12:12	-0.6	1:54	4.8	7:58	4:42	
15	Thu	8:24	8.9	7:30	5.6	12:54	0.7	2:48	3.8	7:58	4:44	
16	Fri	8:48	8.6	9:30	5.1	1:30	2.1	3:42	2.8	7:57	4:45	
17	Sat	9:06	8.4	11:42	5.2	2:00	3.5	4:42	2.0	7:56	4:47	
18	Sun	9:24	8.3			2:30	4.8	5:36	1.3	7:55	4:48	
19	Mon	9:42	8.1					6:24	0.7	7:54	4:50	
20	Tue	10:06	8.0					7:12	0.2	7:53	4:51	
21	Wed	10:36	7.9					7:54	-0.2	7:52	4:53	
22	Thu	4:48	7.7	11:24 AM	7.8	7:54	7.5	8:36	-0.5	7:51	4:54	
23	Fri	5:12	8.0	12:12	7.7	9:18	7.4	9:12	-0.7	7:50	4:56	
24	Sat	5:36	8.2	1:06	7.6	10:06	7.2	9:42	-0.8	7:49	4:57	
25	Sun	6:00	8.3	2:00	7.4	10:42	6.9	10:18	-0.7	7:48	4:59	
26	Mon	6:24	8.4	2:48	7.2	11:18	6.5	10:48	-0.5	7:47	5:00	
27	Tue	6:48	8.4	3:42	6.8	11:54	6.0	11:18	0.0	7:46	5:02	
28	Wed	7:06	8.3	4:36	6.5			12:36	5.4	7:45	5:04	
29	Thu	7:18	8.2	5:36	6.1			1:12	4.7	7:43	5:05	
30	Fri	7:30	8.0	6:42	5.7	12:18	1.5	1:48	3.8	7:42	5:07	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
<b>31</b>	Sat	<b>7:36</b>	8.0	<b>8:06</b>	5.3	<b>12:48</b>	2.5	<b>2:30</b>	2.9	7:41	5:08	