































Upright Head, Lopez Island, WA - Jul 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed			11:50	7.9	7:41	0.1			5:13	9:17	
2	Thu					8:25	-0.6			5:14	9:16	
3	Fri	12:15	7.8	5:47	7.1	9:05	-1.2	8:16	6.9	5:15	9:16	
4	Sat	12:45	7.7	6:21	7.6	9:43	-1.5	9:57	7.1	5:15	9:16	
5	Sun	1:21	7.6	6:52	7.8	10:19	-1.7	11:07	7.1	5:16	9:15	
6	Mon	1:59	7.4	7:23	8.0	10:54	-1.7			5:17	9:15	
7	Tue	2:41	7.2	7:54	8.1	12:00	6.9	11:26 AM	-1.7	5:18	9:14	
8	Wed	3:24	6.9	8:23	8.1	12:48	6.7	11:58 AM	-1.5	5:19	9:14	
9	Thu	4:12	6.6	8:50	8.1	1:36	6.3	12:28	-1.1	5:20	9:13	
10	Fri	5:02	6.1	9:13	8.0	2:25	5.9	12:59	-0.6	5:20	9:13	
11	Sat	5:55	5.6	9:29	7.8	3:09	5.3	1:29	0.1	5:21	9:12	
12	Sun	6:55	5.1	9:38	7.7	3:46	4.6	2:01	1.0	5:22	9:11	
13	Mon	8:11	4.5	9:45	7.6	4:21	3.7	2:33	2.0	5:23	9:10	
14	Tue	9:59	4.2	9:58	7.6	4:58	2.8	3:06	3.1	5:24	9:10	
15	Wed			1:11	4.5	5:40	1.7	3:41	4.2	5:25	9:09	
16	Thu			10:47	7.9	6:27	0.7			5:27	9:08	
17	Fri			11:23	8.0	7:17	-0.4			5:28	9:07	
18	Sat			5:12	7.3	8:07	-1.5	7:22	7.1	5:29	9:06	
19	Sun	12:10	8.2	5:49	8.0	8:58	-2.3	8:58	7.4	5:30	9:05	
20	Mon	1:06	8.2	6:23	8.4	9:48	-2.9	10:18	7.2	5:31	9:04	
21	Tue	2:07	8.1	6:56	8.6	10:36	-3.1	11:23	6.8	5:32	9:03	
22	Wed	3:13	7.8	7:28	8.7	11:23	-2.8			5:33	9:02	
23	Thu	4:24	7.4	7:58	8.6	12:21	6.1	12:08	-2.2	5:35	9:00	
24	Fri	5:36	6.8	8:26	8.4	1:18	5.1	12:51	-1.1	5:36	8:59	
25	Sat	6:50	6.1	8:52	8.2	2:15	4.1	1:32	0.2	5:37	8:58	
26	Sun	8:16	5.4	9:15	8.1	3:12	3.0	2:12	1.6	5:38	8:57	
27	Mon	10:05	5.0	9:36	7.9	4:07	2.0	2:49	3.0	5:40	8:56	
28	Tue			12:04	5.0	5:02	1.2	3:24	4.3	5:41	8:54	
29	Wed			1:57	5.5	5:58	0.5	3:57	5.3	5:42	8:53	
30	Thu			10:43	7.5	6:54	0.0			5:43	8:51	
31	Fri			11:19	7.4	7:47	-0.4			5:45	8:50	