






























Upright Head, Lopez Island, WA - Aug 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat			5:22	7.1	8:34	-0.7	8:51	6.9	5:46	8:49	
2	Sun	12:06	7.2	5:49	7.4	9:17	-0.9	10:06	6.7	5:47	8:47	
3	Mon	1:02	7.1	6:15	7.6	9:56	-1.0	10:53	6.5	5:49	8:46	
4	Tue	1:58	6.9	6:41	7.7	10:31	-1.0	11:31	6.1	5:50	8:44	
5	Wed	2:52	6.8	7:05	7.7	11:03	-0.9			5:51	8:43	
6	Thu	3:47	6.5	7:27	7.7	12:05	5.7	11:34 AM	-0.6	5:53	8:41	
7	Fri	4:41	6.2	7:46	7.6	12:39	5.2	12:03	-0.1	5:54	8:39	
8	Sat	5:36	5.9	7:58	7.5	1:13	4.6	12:33	0.6	5:56	8:38	
9	Sun	6:31	5.6	8:05	7.3	1:49	3.9	1:03	1.4	5:57	8:36	
10	Mon	7:33	5.3	8:13	7.3	2:26	3.1	1:35	2.3	5:58	8:34	
11	Tue	8:51	5.0	8:27	7.3	3:06	2.3	2:08	3.3	6:00	8:33	
12	Wed	10:51	5.0	8:47	7.4	3:50	1.5	2:44	4.3	6:01	8:31	
13	Thu			1:16	5.5	4:39	0.7	3:23	5.3	6:02	8:29	
14	Fri			9:49	7.7	5:34	0.0			6:04	8:27	
15	Sat			3:54	7.0	6:36	-0.8	5:47	6.8	6:05	8:26	
16	Sun			4:34	7.5	7:38	-1.4	7:46	7.0	6:07	8:24	
17	Mon			5:07	7.8	8:36	-1.8	9:16	6.7	6:08	8:22	
18	Tue	1:08	7.5	5:38	8.0	9:29	-2.0	10:17	6.0	6:09	8:20	
19	Wed	2:26	7.4	6:06	8.1	10:19	-1.8	11:08	5.1	6:11	8:18	
20	Thu	3:45	7.2	6:32	8.0	11:05	-1.2	11:55	4.1	6:12	8:16	
21	Fri	5:02	6.9	6:56	7.9	11:49	-0.3			6:14	8:15	
22	Sat	6:16	6.6	7:18	7.8	12:42	3.0	12:30	0.9	6:15	8:13	
23	Sun	7:30	6.3	7:38	7.6	1:30	2.1	1:10	2.2	6:16	8:11	
24	Mon	8:50	6.0	7:57	7.5	2:19	1.3	1:49	3.4	6:18	8:09	
25	Tue	10:20	5.8	8:15	7.3	3:09	0.7	2:28	4.5	6:19	8:07	
26	Wed	11:57	5.9	8:37	7.2	4:01	0.4	3:08	5.3	6:21	8:05	
27	Thu			1:33	6.2	4:55	0.2	3:53	6.0	6:22	8:03	
28	Fri			2:49	6.6	5:55	0.2	5:00	6.4	6:23	8:01	
29	Sat			3:43	6.8	6:57	0.1	8:15	6.5	6:25	7:59	
30	Sun			4:21	7.0	7:53	0.0	9:20	6.2	6:26	7:57	
31	Mon			4:50	7.2	8:41	0.0	9:58	5.8	6:28	7:55	