


























Upright Head, Lopez Island, WA - Dec 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	5:33	8.2	1:31	8.3	9:17	7.1	9:49	-2.2	7:43	4:18	
2	Wed	6:19	8.8	2:06	8.3	10:17	7.5	10:31	-2.6	7:44	4:18	
3	Thu	7:05	9.1	2:46	8.3	11:17	7.7	11:14	-2.7	7:45	4:17	
4	Fri	7:50	9.3	3:32	8.0			12:23	7.6	7:46	4:17	
5	Sat	8:33	9.3	4:24	7.5			1:44	7.2	7:47	4:16	
6	Sun	9:13	9.2	5:24	6.7	12:45	-1.8	3:04	6.5	7:48	4:16	
7	Mon	9:49	9.1	6:45	5.7	1:32	-0.7	4:13	5.4	7:50	4:16	
8	Tue	10:20	8.9	8:52	4.8	2:19	0.6	5:13	4.1	7:51	4:16	
9	Wed	10:48	8.7	11:51	4.8	3:05	2.1	6:04	2.8	7:52	4:16	
10	Thu	11:11	8.6			3:52	3.6	6:49	1.4	7:53	4:16	
11	Fri	1:44	5.6	11:32 AM	8.5	4:46	5.0	7:30	0.3	7:54	4:16	
12	Sat	3:12	6.5	11:54 AM	8.4	5:57	6.1	8:09	-0.6	7:54	4:16	
13	Sun	4:18	7.4	12:18	8.4	7:20	6.9	8:47	-1.2	7:55	4:16	
14	Mon	5:07	8.0	12:46	8.3	8:42	7.4	9:24	-1.6	7:56	4:16	
15	Tue	5:48	8.5	1:17	8.1	9:55	7.5	9:59	-1.7	7:57	4:16	
16	Wed	6:26	8.7	1:50	7.9	10:56	7.6	10:33	-1.6	7:58	4:16	
17	Thu	7:03	8.9	2:25	7.7	11:53	7.5	11:06	-1.4	7:58	4:16	
18	Fri	7:39	8.9	3:00	7.4			12:56	7.3	7:59	4:17	
19	Sat	8:14	8.8							8:00	4:17	
20	Sun	8:45	8.7			12:12	-0.6			8:00	4:18	
21	Mon	9:13	8.6			12:44	0.1			8:01	4:18	
22	Tue	9:34	8.4			1:16	0.9			8:01	4:19	
23	Wed	9:47	8.2	8:06	4.5	1:49	1.8	5:12	4.2	8:02	4:19	
24	Thu	9:55	8.1	11:35	4.4	2:22	2.8	5:41	3.2	8:02	4:20	
25	Fri	10:07	8.1			2:57	3.9	6:12	2.1	8:02	4:20	
26	Sat	10:27	8.2					6:46	1.0	8:03	4:21	
27	Sun	10:54	8.3					7:23	-0.1	8:03	4:22	
28	Mon	4:13	7.2	11:28 AM	8.5	6:12	7.0	8:04	-1.1	8:03	4:23	
29	Tue	4:52	8.0	12:08	8.6	7:40	7.6	8:47	-1.9	8:03	4:24	
30	Wed	5:30	8.7	12:54	8.7	8:58	7.9	9:31	-2.5	8:03	4:24	
31	Thu	6:07	9.2	1:46	8.6	10:07	7.9	10:15	-2.7	8:03	4:25	