



































## Upright Head, Lopez Island, WA - Jan 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	6:37	9.4	2:50	8.3	11:10	7.4	10:59	-2.5	8:03	4:26	
2	Sat	7:11	9.5	3:53	7.8			12:10	6.8	8:03	4:27	
3	Sun	7:44	9.4	4:59	7.1			1:12	6.0	8:03	4:28	
4	Mon	8:15	9.2	6:12	6.3	12:26	-0.8	2:14	5.0	8:03	4:29	
5	Tue	8:43	9.0	7:46	5.5	1:08	0.5	3:13	3.8	8:03	4:31	
6	Wed	9:08	8.9	10:02	5.1	1:49	2.0	4:12	2.7	8:02	4:32	
7	Thu	9:32	8.7			2:29	3.5	5:11	1.6	8:02	4:33	
8	Fri	12:16	5.4	9:55 AM	8.6	3:06	4.9	6:07	0.7	8:02	4:34	
9	Sat	10:21	8.5					6:59	-0.1	8:01	4:35	
10	Sun	10:52	8.4					7:45	-0.6	8:01	4:37	
11	Mon	4:27	7.6	11:30 AM	8.2	6:56	7.4	8:28	-0.9	8:00	4:38	
12	Tue	5:00	8.0	12:13	8.1	8:45	7.5	9:07	-1.0	8:00	4:39	
13	Wed	5:30	8.3	12:59	7.9	9:52	7.4	9:43	-1.1	7:59	4:41	
14	Thu	6:00	8.5	1:46	7.6	10:41	7.1	10:16	-0.9	7:58	4:42	
15	Fri	6:28	8.5	2:34	7.4	11:23	6.8	10:47	-0.7	7:58	4:43	
16	Sat	6:55	8.5	3:24	7.0			12:03	6.4	7:57	4:45	
17	Sun	7:20	8.4	4:14	6.6			12:43	6.0	7:56	4:46	
18	Mon	7:42	8.3	5:05	6.2			1:24	5.4	7:55	4:48	
19	Tue	7:57	8.1	6:00	5.7	12:15	1.0	2:03	4.7	7:55	4:49	
20	Wed	8:06	8.0	7:07	5.2	12:45	1.9	2:42	4.0	7:54	4:51	
21	Thu	8:14	7.9	8:41	4.9	1:15	2.8	3:22	3.2	7:53	4:52	
22	Fri	8:28	7.9	11:47	5.1	1:46	3.8	4:07	2.4	7:52	4:54	
23	Sat	8:49	8.0			2:18	4.8	4:56	1.5	7:51	4:55	
24	Sun	9:17	8.1					5:50	0.6	7:50	4:57	
25	Mon	9:54	8.2					6:43	-0.3	7:48	4:58	
26	Tue	3:53	7.5	10:43 AM	8.3	5:53	7.4	7:35	-1.2	7:47	5:00	
27	Wed	4:25	8.2	11:45 AM	8.3	7:38	7.6	8:24	-1.8	7:46	5:02	
28	Thu	4:56	8.6	12:52	8.3	8:57	7.4	9:13	-2.1	7:45	5:03	
29	Fri	5:26	8.9	2:00	8.1	9:58	6.9	9:59	-1.9	7:44	5:05	
30	Sat	5:54	9.0	3:12	7.8	10:50	6.1	10:44	-1.4	7:42	5:06	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
<b>31</b>	Sun	<b>6:22</b>	8.9	<b>4:24</b>	7.4	<b>11:41</b>	5.1	<b>11:26</b>	-0.5	7:41	5:08	